

# ENGLEWOOD

CITIZEN

WINTER 2019 | CITY MAGAZINE & RECREATION GUIDE

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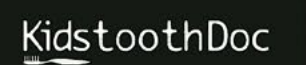
[Englewoodco.gov/tree-lighting](http://Englewoodco.gov/tree-lighting)



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**ENGLEWOOD MOMENTS IN HISTORY**



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@CityofEnglewoodCO**

**WATCH ON  
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The history of Englewood told in short videos





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**Creativity. Innovation. Entrepreneurship.** These words ring true when describing many of the organizations, businesses, programs and people living and working in Englewood today. Innovation is at the heart of any thriving city, and Englewood is fortunate to see it in many forms. Innovation is often stimulated by a search to solve a problem, create a new process to meet a specific need, or invent a product to satisfy a desire. Here are just a few great examples of the creative, problem-solving and entrepreneurial spirits emerging in Englewood.

Englewood is a growing home for medical-related businesses, advanced patient care and technical assistance to support them. Did you know that Swedish Hospital has one of the first and fastest growing surgical robotic programs in the region? Add internationally recognized Craig Hospital to the mix, and the medical district of Englewood is providing state-of-the-art care and hope for those suffering from spinal cord injuries and brain trauma.

If you have ever traveled out of the country, you may have seen the 3D imagery on currencies made with technology developed by Lumenco, an Englewood company focused on creative solutions to prevent counterfeiting. Through their bending of light and color, this company is disrupting security breaches, while also making their mark in the solar industry, LED and 3D advancement, and micro optic technologies.

## Innovation is at the heart of any thriving city

To learn more about Englewood's entrepreneurs and opportunities, please contact our community development staff at [ecodev@englewoodco.gov](mailto:ecodev@englewoodco.gov) to discover resources to help you start or grow your innovative business.

Speaking of the city, Englewood is also innovating to solve problems and improve systems. We hope to have a fully automated system in 2020 that integrates development with permit activity, utilizing a user-friendly format so anyone can track a permit and quickly see its development status.

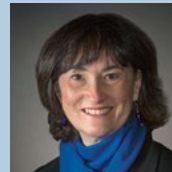
In 2018, Council approved the reclamation of methane gas at our South Platte Water Renewal Partners plant as an innovative way to reduce biogas emissions. That system is close to completion and we will soon reduce air pollution while increasing revenue through sales of biogas to Excel Energy.

There is so much more to learn about Englewood's challenges and opportunities for innovation. Stay informed on park improvements, ensuring safety through modernized infrastructure, enhancing our corridors, redevelopment of our CityCenter, short-term rental legislation and trash-hauling challenges through our website, [englewoodco.gov](http://englewoodco.gov).

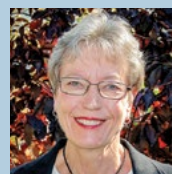
Let's keep on innovating in Englewood!

**Linda Olson, Mayor**  
[lolson@englewoodco.gov](mailto:lolson@englewoodco.gov) • 303-503-4020

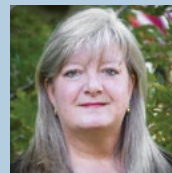
## CITY OF Englewood CITY COUNCIL



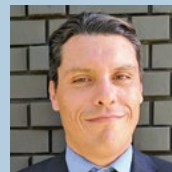
**Mayor  
Linda Olson**  
District 2  
303-503-4020



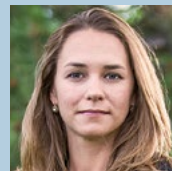
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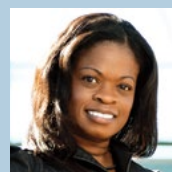
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## THE FUTURE OF SURGERY RIGHT HERE IN ENGLEWOOD

Swedish Hospital's innovative approach  
to health and wellness

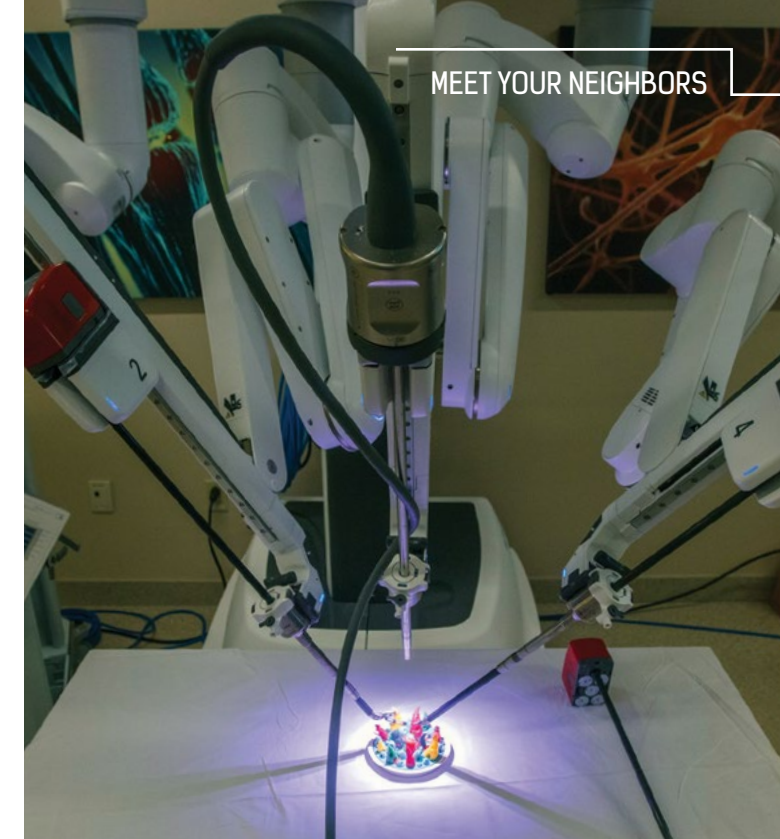
Swedish Medical Center is an area leader in the growing world of robotic surgery – a type of procedure that brings together the precision of a robot with the mind of a human.

Don't picture your stereotypical C-3PO robot – the robotic machines designed for surgery look more like a console with several robotic arms that have different capabilities and functions. The tools are manipulated by the surgeon for incredibly fine-tuned movements with more dexterity and exactness than the human hand allows.

To operate using the robotic system, the surgeon makes tiny incisions in the body and inserts miniaturized instruments and a high-definition three-dimensional camera. Then, using the console and controls, the surgeon manipulates these instruments to perform the operation. The surgeon is in control the entire time, directing the arm almost like a video game.



Photos: Richard Haro



But unlike most video games, the real-life benefits to robotic surgery are numerous and significant. Patients experience less blood loss and transfusion during surgery, less risk of infection, shorter hospital stays, faster recovery time and less scarring. In summary, they're able to return to their normal lives and activities faster and with fewer complications.

The first question many ask about robot surgery is whether or not it's safe. There is no surgical procedure that doesn't include risk, but all the robotic surgical technology currently in use has been thoroughly tested and vetted, and everyone on the robotic surgery team at Swedish is highly trained to minimize risk.

Swedish uses robotic surgery technology in a number of procedures, including cardiac, gynecologic, spine, thoracic, head, neck and more. As the technology continues to advance, more procedures will become available – stay informed by visiting Swedish Hospital's website at [swedishhospital.com](http://swedishhospital.com).





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accessories and gifts. It is  
located at S. University Blvd.  
and E. Hampden Ave.**



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## DOROTHY HARGROVE NAMED ENGLEWOOD DEPUTY CITY MANAGER

On September 11, Englewood City Manager Shawn Lewis announced the appointment of Dorothy Hargrove as Deputy City Manager.



Hargrove has broad-based experience in the public sector having served as Englewood's Director of Library Services; Director of Parks, Recreation and Library; and most recently as Interim City Manager.

"Dorothy is respected and admired throughout the organization as a thoughtful and fair-minded leader who sets high expectations for herself and all those around her," said City Manager Shawn Lewis. She is already serving a critical role in the work of the City Manager's Office as Interim Deputy City Manager.

"I am pleased to be a part of the Englewood community and honored that Shawn has given me this opportunity," Hargrove said. "I am looking forward to working with him, our dedicated staff and City Council as we continue to work together to make Englewood one of Colorado's premier cities," she added.

## A REGIONAL APPROACH TO EMERGENCY PREPAREDNESS

City and County partner to strengthen disaster response

Disasters don't confine themselves to city boundaries or zip codes, that's why the City of Englewood and Arapahoe County have partnered to staff a full-time emergency manager. This new position – which will be staffed by mid-November – will work out of the Arapahoe County Sheriff's Office (ACSO) but is assigned to directly support the City of Englewood in preparing for, and responding to, an emergency.

"We hope this is a model that will continue to grow," stated Ashley Cappel, Arapahoe County's Deputy Emergency Manager. She said that by hiring one new employee, Englewood would receive the support and expertise of all seven members of the County's emergency management team as well as access to ACSO's state-of-the-art emergency operations center and other regional resources.

By working together, the City and the County hope to improve the area's preparedness when an emergency hits. "We can't prevent all disasters, but we can take steps forward to ensure a safer, more reliable and more cohesive response when something does happen in our community," explained Cappel.



## ENGLEWOOD'S HERB KOETHER LIT THE WAY FOR INNOVATIVE CONSTRUCTION SIGNAGE

You may not recognize the name Herb Koether, but you'd definitely recognize his signs.

Herb was founder and president of the Englewood-based Over Lowe Company, the business credited with inventing the trailer-mounted light-up arrow signs and message boards seen regularly on highways across the United States.

Over Lowe, which was based on Tejon Street, was a leading manufacturer of floodlighting and related equipment for highway construction, and developed lighting solutions for airports, cities and military projects all over the world.

Koether was born in 1913 in Detroit. He moved to Arizona for school but dropped out of college to become a door-to-door salesman for a new General Motors product: refrigerators. Always the entrepreneur, he'd work with families that didn't yet have an electrical outlet in the kitchen, charging \$3-4 to have one installed so they could purchase a fridge.

He married his wife Sarah in 1947 and then moved to Colorado, where Koether became involved in the burgeoning Denver social and political scenes. He was a well-known and loved member of the local Republican Party.

In 1961, Herb's 14-year-old nephew, Martin Koether, went missing in the yet-to-be-developed Game Creek Bowl in Vail. The boy walked into the ski patrol station the next morning, having survived the night in sub-freezing temperatures by building a snow cave. He was nicknamed the "lost boy" – the namesake of Vail's Lost Boy Trail.

After the incident, Herb provided Vail ski patrol members with head-mounted searchlights and battery packs – technology he would further develop with Over Lowe.

In addition to the trailer-mounted message boards and arrow signs, Over Lowe invented telescoping floodlights, asphalt cutting saws, and tampers to tamp down the asphalt.

In 1985, Herb sold the patents to the Federal Signal Corporation and retired from the business, though he never stopped serving the community. He was an active volunteer with the Salvation Army, and served on the advisory board for 58 years.



# A BIG WIN FOR ENGLEWOOD WATER RENEWAL



**South Platte Water Renewal Partners – the water treatment plant co-owned by Englewood and Littleton – recently won a national water quality challenge by developing a sensor system that works similarly to cruise control for your car. The system is more efficient and reliable, meaning cleaner, safer and more sustainable water for Englewood.**



**South Platte  
Water Renewal  
Partners  
recognized as a  
national leader  
in innovative  
wastewater  
treatment**



SPWRP is located in Englewood and serves more than 300,000 people south of Denver. Since the Clean Water Act expanded in the 1970s, the plant has been tasked with continually innovating to maintain and exceed water quality standards.

The Nutrient Sensor Action Challenge was one of a series of challenges conducted by the EPA and four federal partners with the goal of demonstrating new ways local communities can improve their own nutrient management process.

Nutrients in water are essential for plant and animal life, but the overabundance of any one nutrient can cause major problems for a body of water. Too much nitrogen, for example, can cause a lake or stream to suffocate – yes, a body of water needs oxygen to support life, too.

Nitrogen causes the overstimulation of plants and algae. The decomposition of these organisms uses up the dissolved oxygen in the water, causing oxygen-deprived “dead zones” where nothing can live, like what’s happened recently in the Gulf of Mexico.

In an effort to curb this trend, the regulatory agencies are enforcing stricter standards for water quality – putting pressure on treatment facilities to come up with new ways to treat water. SPWRP has accepted these regulations as a challenge to do its part in protecting the environment and the people it serves.

“It’s our job to protect the river and the people that depend on it for drinking water, recreation, agriculture and other uses,” said Blair Corning, deputy director of environmental programs with SPWRP.

The water treatment plant relies on sensors to collect data from different points in the treatment process to help monitor flows,

chemical additions needed, filters being used, etc. Historically, the monitoring and adjusting has all been manual. With the new technology, they can set the desired total inorganic nitrogen level (TIN) and the system will make adjustments accordingly, taking into consideration levels at all points in the process – like your car auto-adjusting speed on the highway.

This new method of optimization is what earned SPWRP the EPA’s award, along with the \$50k prize. The information gained from the challenge will be used by the EPA as a springboard to further reduce excess nutrients in water nation-wide.

As for the prize money, Corning says the SPWRP plans to reinvest it in new technology at the plant. He’s already got phosphorus on his mind, the next nutrient they’ll need to crack down on to meet Regulation 85 – a regulation passed in 2012 to reduce nutrient pollution, set to be evaluated in 2022.

Corning has been in the industry for 22 years, but said he’s seen more technology improvements in the last few years than he had throughout the entire first half of his career. And that trend is showing no signs of slowing. The plant already has a pilot project planned with Colorado School of Mines to investigate the feasibility of new treatment technology, and is looking into more university partnerships in the future.

“We’re positioning ourselves as a leader in evaluating tech,” he said. “We’re partnering with universities to help take a closer look at new technologies and help determine whether they are actually effective or efficient.”

If you’re interested in learning more about the water treatment process or touring the facility, visit its website at [spwaterrenewalpartners.org](https://spwaterrenewalpartners.org).



## SHOP LOCAL TO KEEP ENGLEWOOD UNIQUE

Small Business Saturday is Nov. 30

“Shop local” isn’t just a fun marketing phrase, but a real way you can use your dollars to support the Englewood community while stewarding the environment.

We talked with several of our local experts, including Economic Development Manager Darren Hollingsworth and Executive Director of the Englewood Chamber of Commerce David Carrol, about the benefits of shopping local. Here’s what they said:

Supporting local businesses keeps resources in the community. Local businesses are more likely to use other local businesses, including banks, service providers, farms, etc. According to the Small Business Association, for every \$100 you spend at a local business, \$68 will stay in the community (verses \$43 when you shop at a national chain).

Local businesses are more accountable to their local communities. They donate to local nonprofits and support local causes.

Utilizing local businesses and services creates local jobs. Most Englewood businesses are owned and operated by Englewood residents – your friends and neighbors.

Shopping local is better for the environment. Foods and goods purchased locally have a much smaller carbon footprint due to the reduced transportation requirements.

Local businesses are a big part of what makes Englewood, Englewood. Local businesses have more freedom to be uniquely tailored to individual communities, and offer options based on knowing their customers – the families of Englewood – better than anyone else. They are what keep an area from becoming a cookie-cutter city, which also helps to attract new residents and visitors.

Need some ideas for ways to get started? Check out this list from the Chamber of Commerce:

Try the menu at a local restaurant for lunch or dinner.

Purchase a birthday present at a local gift shop.

Buy the ingredients for your next family meal at a local market or bakery.

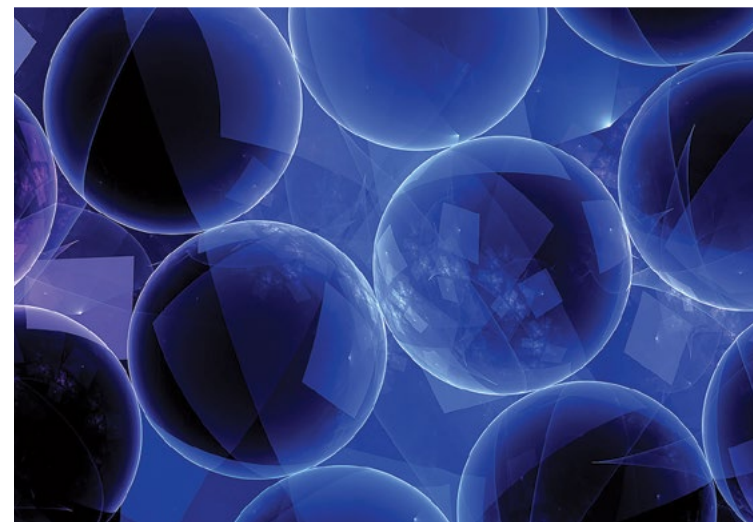
Join a local gym or take classes at an independent fitness studio.

Visit a local nursery or hardware store for your lawn and garden needs.

Get your car serviced by a neighborhood mechanic.

To support this cause and encourage keeping gift dollars in the local economy, the city will be hosting a Small Business Saturday event on November 30.

Check the city website for details to come.



Photos: Paul Winner

## USING LIGHT TO DEFEAT THE DARK WEB

Englewood-based Lumenco develops anti-counterfeiting technology to fight fakes worldwide

Most people associate the word “counterfeit” with currency or street vendors, but in reality, it’s a growing global problem negatively impacting consumers, businesses and the wider economy – and it cost more than \$300 billion last year alone.

Luckily, companies like Englewood-based Lumenco have developed anti-counterfeit technology that helps consumers immediately recognize a fake.

Lumenco, founded by Mark Raymond and Hector Porras in 2012, is a global leader in the broad field of “light management” – capturing, bending and moving light. The company designs and develops micro lenses, micro mirrors and optical devices used in a broad range of applications, from anti-counterfeiting for IDs and currency, to solar power arrays with improved efficiency.



The Internet has made it easier than ever to buy and sell counterfeit goods, from knockoff phone chargers to dangerous fake pharmaceutical drugs. The recent vaping deaths have even been linked to illicit products purchased online. This is why Lumenco is launching a new business dedicated to helping brands differentiate themselves from fakes with tiny mirrors custom programmed to produce a particular effect. These mirrors can be manufactured right into the product or packaging, where it’s easy to recognize and impossible to counterfeit.

This is only the tip of the Lumenco iceberg. When you design intellectual property and your customers are governments, well-known Silicon Valley companies and global organizations dealing with sensitive information, you can’t talk very openly about your entire business model. But it is safe to say that innovation on a global scale is happening right here in Englewood – and that’s something that can make us all proud.



# 2020 CITY BUDGET OVERVIEW

The City of Englewood begins planning for next year’s budget nearly twelve months before the next year even begins. There are many meetings among staff and presentations to City Council that help dial in the city’s financials for the coming year.

This year’s discussions, in preparation for the 2020 budget, included detailed background information related to proposed department priorities. Through these discussions, staff was able to evaluate priorities and make necessary budget reductions.

General fund revenue is estimated to grow in 2020 by 3.9% over current 2019 estimates, which is great news for the community. The 2020 budget proposes no additional taxes or fees, except for an increase in sanitary sewer rates of 7%. This fee increase is necessary to support both the operations and maintenance of the sanitary sewer collection system and Englewood’s share in the South Platte Water Renewal Partners (SPWRP) facility and to begin addressing the need for necessary infrastructure improvements for the operations of the SPWRP and the sanitary sewer collection system.



**EXPENDITURES**

**TOTAL CITY BUDGET: \$120,274,700**  
2020 general fund expenditures and revenues are in balance

**General Fund: \$53,089,689**  
(44.1% of total city budget)  
  
Supports a variety of services from public safety to parks and recreation

**Capital Project Funds: \$10,334,009**  
(8.6% of total city budget)  
  
Supports general government capital projects  
Amount includes \$7,274,700 of new capital project requests

**Enterprise Funds: \$39,154,797**  
(32.6% of the total city budget)  
  
Includes utilities enterprise funds and the Broken Tee Golf Course  
  
The sanitary sewer fund supports approximately 50%, or \$5,529,000, of the South Platte Water Renewal Partners capital expenditures (\$11,058,000) in a 50/50 joint venture with the City of Littleton

**NEW BUDGET REQUESTS FOR 2020**

If the budget is approved, overall expenditures will increase by 1.5%, in line with the regional Colorado Price Index (CPI) of 2.2%. The proposed 2020 budget includes the following requests, many of which address needs expressed by the community:

- **Emergency management partnership with Arapahoe County** – \$115K
- **Crisis intervention co-responder services** – \$104K
- **Neighborhood resource coordinator** – \$85K
- **Wayfinding/signage and placemaking design manual** – \$50K
- **Homeless camp abatement** – \$30K
- **CityCenter redevelopment** – \$100K
- **Critical public work positions** (asset management, project management) – \$250K
- **Utility billing system** – \$285K
- **Human resources information system** – \$300K

**NEW CAPITAL PROJECT REQUESTS FOR 2020**

- **Broadway-US 285 interchange reconstruction** – \$1.1M
- **Dartmouth bridge** (additional funding) – \$600K
- **IT projects** – \$1.05M (including \$400K for computers and hardware, and \$25K for fiber network)
- **Pavement maintenance** – \$1.7M
- **Alley improvements** – \$420K

The general fund budget proposes reserves of 33.04%, well above the 16.7% of general fund operating revenue set as a baseline reserve as established by Council. While the city’s overall fiscal condition is healthy, the need for additional resources to improve aging infrastructure, including the storm water drainage system, remains a continuing challenge.

# FLO BRINGS COMFORT – AND TAIL WAGS – TO RESIDENTS IN NEED

Meet Florentine, one of the newest members of the Englewood Police Department. Flo is a 3-year-old Labrador retriever who proudly works in the victim assistance program alongside her handler, Nancy Wenig.

Flo is a facility service dog who was raised and trained by Canine Companions for Independence (CCI), a nonprofit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs at no cost to the recipient.

Nancy says that Flo has been an amazing addition to the police department, providing comfort and love to victims in our community dealing with challenges such as domestic violence or assault; as well as to the staff.

Flo spends her working hours doing a variety of activities such as attending court with victims while they testify, cuddling with children during child forensic interviews, respectfully attending law enforcement memorials and participating in various activities with other City of Englewood departments.

When she’s off the clock, Flo enjoys her home life with Nancy and her family. Daily training is a must in order to maintain a routine and keep Flo on her best behavior.



**Upcoming Events**

**COFFEE WITH A COP**  
Join Englewood Police for Coffee with a Cop. This is a great way to meet members of the Englewood Police Department, ask questions, connect with fellow citizens and learn about upcoming events.

A logo for "Coffee with a Cop" featuring a blue police hat and a white coffee cup with a blue lid.

**ADULT SELF DEFENSE CLASS (18+)**  
Designed to build your confidence and give you the tools to get away from a bad situation. This class is also a great work out and goes at your desired pace. Registration is required as space is limited. Contact Toni Arnoldy at 303-762-2490 or by email at [tarnoldy@englewoodco.gov](mailto:tarnoldy@englewoodco.gov).

**Thursday, 11/21 • 7:30 – 9:00 AM**  
Chick-fil-A (*Dartmouth and Broadway*)

**Thursday, 12/19 • 7:30 – 9:00 AM**  
Starbucks (*Bates and Broadway*)

**Wednesday, 1/15 • 7:30 – 9:00 AM**  
Mango Tree Coffee (*3498 S. Broadway*)

A photograph of Flo, the black Labrador retriever, sitting on a light-colored tiled floor. She is wearing a blue vest with a yellow patch on it. She is looking towards the camera.

A photograph of Flo, the black Labrador retriever, standing next to a woman. The woman is wearing a white shirt and a headset. Flo is wearing a blue vest with a yellow patch on it. They are in an indoor setting with a tiled floor.

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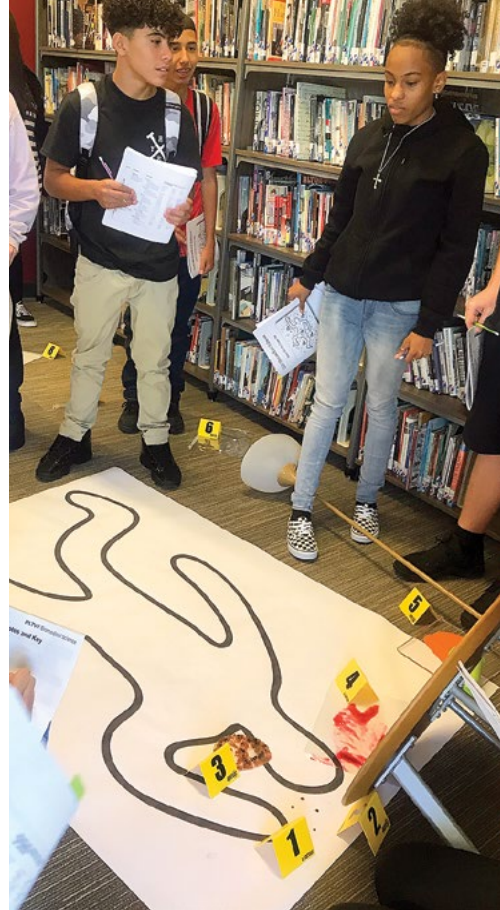


## INNOVATIVE LEARNING IN ENGLEWOOD SCHOOLS

Englewood Schools are often adding new courses that will prepare students for success in the future job market, as well as cater to student interests. This year, the district has added a Biomedical Sciences pathway that is part of the robust STEAM (Science, Technology, Engineering, Arts and Math) offerings from the district. Pathways in STEAM provide students with rigorous coursework and hands-on applied learning in a career interest area in order to prepare students for college and careers.

The Biomedical Sciences pathway prepares students to earn industry credentials required in the high skill, high demand, and high paying careers of the healthcare industry. Some popular careers students might explore from this pathway include medical assistant, dental hygienist, athletic trainer, nurse, pharmacist, physician or surgeon.

Currently, 74 students are enrolled in three sections of the introductory course of the pathway at Englewood High School. In their first week of classes, students conducted a simulated crime scene investigation. Students will spend the semester applying the concepts of biology and medicine to determine the factors that led to the death of a fictional person.



## MORE TO LOVE AT ROMANS PARK

### Tennis and Playground Improvements Coming in 2020

We did it! After months of meetings, writing and research, the city was thrilled to receive a \$500,000 grant for Romans Park tennis and playground improvements from Arapahoe County Open Space.

The two primary goals for this \$700,000 project included installing three brand new United States Tennis Association (USTA) courts for all ages, and playground area renovations, including a new layout.

The playground improvements will include new ADA accessible equipment for 2- to 5-year-olds and 5- to 12-year-olds. These play areas will be installed side by side for convenience and safety and include a 6-foot concrete sidewalk to access the two new play pits.

The Romans Park renovation project aims to improve community resources for the adjacent neighborhoods and surrounding

community. This park provides important recreational, fitness, and outdoor benefits for an estimated 15,000 annual users including residents and guests.

The city is proud that this project includes sustainable equipment and recycled materials and fully complies with ADA accessibility guidelines.

Construction is expected to begin in March 2020 with a completion date of September 2020.

Since 2005, Arapahoe County Open Spaces has distributed more than \$36 million in grants in support of 206 open space, park and trail projects throughout the county.

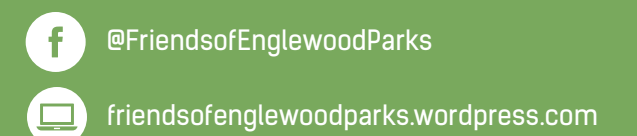


## THE FRIENDS OF ENGLEWOOD PARKS NEEDS YOUR HELP!

The Friends of Englewood Parks is a grassroots, citizen-driven organization created to support Englewood in securing sustainable funding to improve our parks. The organization's goal is to help the city acquire the resources needed to fulfill the 2017 Englewood Parks and Recreation Master Plan.

The Romans Park grant is a great start, but there's more work to do! In the coming year, the organization will work to pass a measure on the November 2020 ballot that would secure funding for all proposed parks and recreation improvements.

We need your help, neighbor! To learn more about the Friends of Englewood Parks, or join the initiative, connect online to receive updates and view meeting dates.



## SHOW US YOUR HOLIDAY SPIRIT

Decorate your home or business to promote neighborhood and civic pride

Decorate for the holidays and submit an entry form for your decor to be judged by a panel of Keep Englewood Beautiful staff. All Englewood residents and businesses are eligible to apply.

Winners will receive citywide recognition and be presented with ribbons and certificates in December.

**Important Dates to Know:**

**11/4** – Entry forms available at the Englewood Library, Community Development Department, Englewood Recreation Center, Malley Recreation Center or on the city's website at [englewoodco.gov](http://englewoodco.gov).

**12/6** at 4:30 PM – Entry deadline

**Return entry forms to:**

City of Englewood, Attn: Keep Englewood Beautiful, 1000 Englewood Parkway, Englewood, CO 80110

For questions or to submit your entry electronically, email William Charles at [wcharles@englewoodco.gov](mailto:wcharles@englewoodco.gov).



## DON'T WAIT UNTIL IT MELTS!

### Revised Snow and Ice Ordinance

Before the flakes fly this winter, be aware of your responsibilities as a citizen – property owner, business owner, and rental tenant – for snow and ice removal and take note of recent changes to Englewood's removal of snow and ice ordinance.

### What Changed?

The new ordinance doubles the amount of time for property occupants – from 12 to 24 hours – to remove snow and ice from sidewalks. This recent Council action recognizes the impermanent nature of snow and ice and lowers the potential fine amount.

Occupants will receive one “notice of violation” per snow season (October 1 – May 31). Occupants then have 24 hours to remove the snow and ice or face a potential fine between \$50 – \$500.

### Need Help?

Volunteers of America offers a “Snow Buddies” program for those 60 and older in Arapahoe County. Visit [voacolorado.org/volunteer-opportunities/snow-buddies](http://voacolorado.org/volunteer-opportunities/snow-buddies) or call 303-297-0408 to sign up. Want to volunteer to help seniors in your area? Contact Tiffany Harris at 303-297-0408 x13130.



**CODE QUESTIONS?**  
Visit [englewoodco.gov](http://englewoodco.gov)  
or text 720-477-4390.

**CODE VIOLATION COMPLAINT?**  
Call 303-762-2335,  
email [codeenforcement@englewoodco.gov](mailto:codeenforcement@englewoodco.gov),  
or submit a service request online.

## MALLEY – WHERE THE FUN NEVER GETS OLD!

In the heart of Englewood, nestled between South Broadway's restaurant and retail area and the East Hampden medical campuses, you just might stumble on the Malley Recreation Center... If you're lucky! Malley is for the 55+ “aged to perfection” crowd, but anyone over 18 is welcome to participate in select classes and activities. If you haven't heard, 55+ is the new 40!

Malley guests stop by to get fit, catch up with friends, play a game of pickleball, learn a new dance step, fire their pottery, or learn how to say “you're welcome” in Spanish.

The center hosts an amazing full cardio fitness and weight room featuring NuStep Cross Trainers and Technogym strength equipment with plenty of space to have a great workout. Another fitness fact: Malley provides quality Pilates classes including state-of-the-art Pilates Reformer machines. Highly-trained instructors make sure visitors get a safe, effective workout to meet personal fitness goals.

If fitness isn't your end goal, that's OK too. Malley hosts special events including a Wellness Expo, Broncos watch parties, canvas and chocolate art classes, informative speakers and a community art exhibit in addition to popular day excursions, to name a few.

The Malley Recreation Center is a place where guests build lasting friendships, healthy bodies and where the fun never gets old!



## PARK IT!

Parking can be a bone of contention for many neighborhoods, especially for streets with businesses that are required to obtain parking permits for their staff. The general rules below include highlights of Englewood's Municipal Code for parking on the street and private property. Avoid a fine up to \$100 or having your vehicle impounded by following these rules:

### PARKING “DOs”:

- Only park operable “street legal” vehicles with current registration/plates
- Park with the flow of traffic
- Park within 12” of the curb
- Park more than 5' away from either side of a private driveway
- Park more than 30' away from a stop sign or other traffic control device
- Park at least 2' from other vehicles

For a complete list of applicable parking rules, visit the city's website at [englewoodco.gov](http://englewoodco.gov) and search “parking control.” For further parking related questions, call 303-783-6816. **CODE QUESTIONS?** Visit [englewoodco.qscend.com/311](http://englewoodco.qscend.com/311) or send a text to 720-477-4390. **CODE VIOLATION COMPLAINT?** Call 303-762-2335 or email [codeenforcement@englewoodco.gov](mailto:codeenforcement@englewoodco.gov) or submit a service request online. To report a public parking violation, please call the non-emergency police line, 303-761-7410.



### NEW LIBRARY HOURS COMING IN 2020

In order to better meet the needs of our community, the Englewood Public Library will be modifying its operating hours effective January 6, 2020. The new hours will be:

M – Th: 9:30 AM – 7:30 PM  
F – Sa: 9:30 AM – 5:00 PM  
Su: NOON – 5:00 PM

We look forward to continuing to provide exceptional library services to Englewood!



# DEVELOPING ENGLEWOOD: BE IN THE KNOW

Curious about what’s being developed in Englewood? Join the conversation and understand how we’re thoughtfully developing our growing community through our helpful interactive development map and upcoming Citizens Planning School.

## Using Our Interactive Development Map

To access the map, visit the city’s website. The map is currently listed under “Maps and More” under the City Services tab. Here, you’ll find all active development and land use applications including projects that are pending and approved.

Click on a highlighted property for a brief description of the project. You’ll also find a case number to request more information from the Community Development Department. You can also use this number to review the plans or application in person.

To better serve residents of Englewood, the map will continue to evolve as new capabilities are explored and eventually added.

## More Helpful Information

Building blocks are based on what’s allowed to be developed in that area, and are referred to as a “zoning designation.” Designations are specified for residencies, businesses, industrial use, or a combination of those uses, called mixed use. You can learn more about how your property or neighborhood is zoned by accessing the city’s interactive zoning map. You’ll find this tool in the Zoning section of the Community Development Department website. The department itself is also accessible by calling 303-762-2346 or visiting in person at 1000 Englewood Parkway, 3rd floor.

## Understanding Land Use and Development “Speak”

You have a vested interest in what’s being built or planned in your neighborhood but may not know the many confusing terms and acronyms frequently used in the world of planning, land use, and development. If this sounds like you, you’re a perfect candidate for Englewood’s upcoming Citizens Planning School! The next session of the school will start in mid-March and registration will open by January.

This multi-week school seeks to explore Englewood’s rich development history and how our built environment has evolved and continues to change. Acronyms such as “short-term rental” (STR), “accessory dwelling unit” (ADU), “planned unit development” (PUD) and other jargon-esque language will be explained in a high-level, easy-to-understand and engaging format.

## Get Started!

Come join us to learn the “what,” “where,” and “how,” of development in Englewood. The Citizens Planning School starts in early 2020. For more information, please call 303-762-2342.



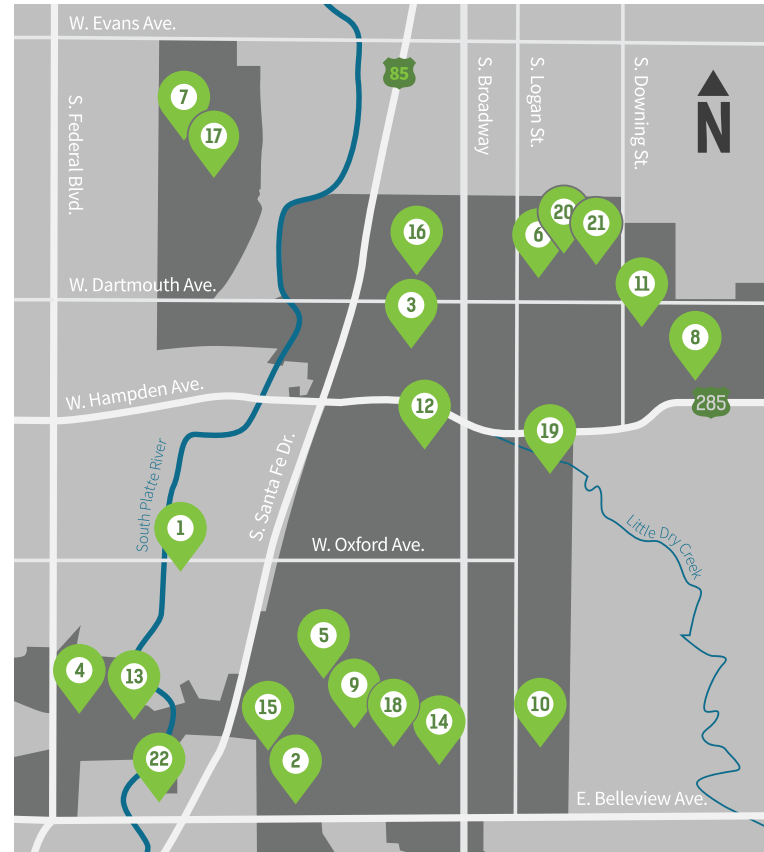
# PARKS AT A GLANCE

	BASEBALL/SOFTBALL FIELD	BASKETBALL COURT	MULTI-USE FIELD	OFF-LEASH DOG AREA	OPEN SPACE AREA	PAVILION	PICKLEBALL COURT	PLAYGROUND	RESTROOMS	SKATE PARK	TENNIS COURTS
BAKER PARK 2200 W. Wesley Ave.					✓	✓		✓	✓		
BARDE PARK 3100 S. Downing St.					✓						
BATES/LOGAN PARK 3100 S. Downing St.		✓	✓			✓		✓	✓		
BELLEVIEW PARK 5001 S. Inca Dr.	✓	✓	✓		✓	✓		✓	✓		✓
CENTENNIAL PARK 4630 S. Decatur St. Did you know that 8 laps (or 14,000 steps) around Centennial Lake equals one 14er? That's like hiking Mount Bierstadt! Learn more at <a href="http://flat14ers.org">flat14ers.org</a> .	✓	✓	✓	✓	✓	✓		✓	✓		
CLARKSON PARK 2795 S. Clarkson St.					✓						
COLORADO'S FINEST HIGH SCHOOL OF CHOICE 300 W. Chenango Ave.							✓				
CUSHING PARK 700 W. Dartmouth Ave.		✓	✓		✓	✓		✓	✓	✓	
DUNCAN PARK 4880 S. Pennsylvania St.		✓	✓	✓	✓	✓	✓	✓	✓		
EMERSON PARK 2929 S. Emerson St.					✓						
HOSANNA ATHLETIC COMPLEX 3750 S. Logan St.	✓		✓		✓						✓
JASON PARK 4299 S. Jason St. New playground anticipated opening 2020!		✓	✓	✓	✓	✓		✓	✓		
RIVERRUN TRAILHEAD 2101 W. Oxford Ave. Access to Mary Carter Greenway Trail. “Surf the Platte” on Colorado’s only river wave shaper. Learn more at <a href="http://endlesswaves.net/waves/river-run-park">endlesswaves.net/waves/river-run-park</a> .					✓	✓		✓	✓		
ROMANS PARK 1800 E. Floyd Ave.		✓	✓		✓	✓		✓	✓		✓
ROTOLO PARK 4401 S. Huron St.			✓		✓	✓		✓			

LOOKING FOR SOMETHING NEW? Visit Jason Park!  
Full details on park and playground renovations and improvements on page 31.



## GET OUT AND EXPLORE!



**Park Hours:** 7 days a week,  
6:00 AM – 11:00 PM.

**Pavilion Reservations:** Pavilion reservations begin January 2. Pavilions are available for rental from April 15 – October 15. Reserve your pavilion online at [englewoodrec.org](http://englewoodrec.org).

**Park Use Permits:** Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, \$100 permit fee, and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Call 303-762-2684 for more details about Park Use Permits.

**Did you know?** Many of the new playgrounds, tennis courts, and park amenities are funded by partnering grants from Arapahoe County Open Space (ACOS) and Great Outdoors Colorado (GOCO).

**Special Event Licenses:** Call 303-762-2490 for Special Event requirements, fees, and licenses.

**Englewood Community Garden:** 601 W. Dartmouth Ave. Applications for the 2020 garden begin February 3, 2020. For more information, visit [englewoodco.gov](http://englewoodco.gov).

**Englewood Farm and Train:** Open Memorial Day through Labor Day from 10:00 AM – 4:00 PM. \$2/person per visit; kids under two are free.

**Athletic Field Use:** Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for field rental information and availability.

**Drug and Alcohol Policy:** Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

- |  |  |
|--|--|
| <b>1. RiverRun Trailhead</b><br>2101 W. Oxford Ave.            | <b>14. Colorado's Finest High School of Choice</b><br>300 W. Chenango Ave. |
| <b>2. Bellevue Park</b><br>5001 S. Inca Dr.                    | <b>15. Canine Corral</b><br>4848 S. Windermere St.                         |
| <b>3. Cushing Park</b><br>700 W. Dartmouth Ave.                | <b>16. Englewood Community Garden</b><br>601 W. Dartmouth Ave.             |
| <b>4. Centennial Park*</b><br>4630 S. Decatur St.              | <b>17. Northwest Greenbelt*</b><br>Zuni to Pecos                           |
| <b>5. Jason Park*</b><br>4299 S. Jason St.                     | <b>18. Southwest Greenbelt</b><br>Huron to Bannock St.                     |
| <b>6. Bates/Logan Park</b><br>2938 S. Logan St.                | <b>19. Hosanna Athletic Complex</b><br>3750 S. Logan St.                   |
| <b>7. Baker Park</b><br>2200 W. Wesley Ave.                    | <b>20. Clarkson Park</b><br>2795 S. Clarkson St.                           |
| <b>8. Romans Park</b><br>1800 E. Floyd Ave.                    | <b>21. Emerson Park</b><br>2929 S. Emerson St.                             |
| <b>9. Rotolo Park</b><br>4401 S. Huron St.                     | <b>22. Big Dry Creek Trail Access</b><br>4700 S. Wyandot St.               |
| <b>10. Duncan Park*</b><br>4880 S. Pennsylvania St.            |  |
| <b>11. Barde Park</b><br>3100 S. Downing St.                   |  |
| <b>12. Miller Fields</b><br>3600 S. Elati St.                  |  |
| <b>13. Brent Mayne &amp; Union Fields</b><br>3501 W. Union Ave |  |

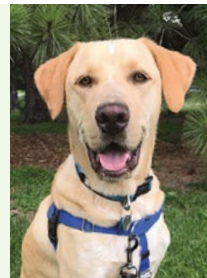
*\*Off-Leash Areas*

## DOGS IN YOUR PARKS

Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks at all times. Dogs must be on leash at all times.

**Canine Corral:** 4848 S. Windermere St. Open daily from 6:00 AM – 11:00 PM. Dogs must be under voice command at all times and have current vaccinations. Additional requirements can be found online.

**\*Off-Leash Areas:** Dogs may be off leash and under voice control from 6:00 – 11:00 AM and 6:00 – 11:00 PM at Centennial Park, Duncan Park, Jason Park and Northwest Greenbelt. Dogs must have current vaccinations and remain out of playgrounds, pavilions, and athletic fields. Visit [englewoodunleashed.org](http://englewoodunleashed.org) for additional information.



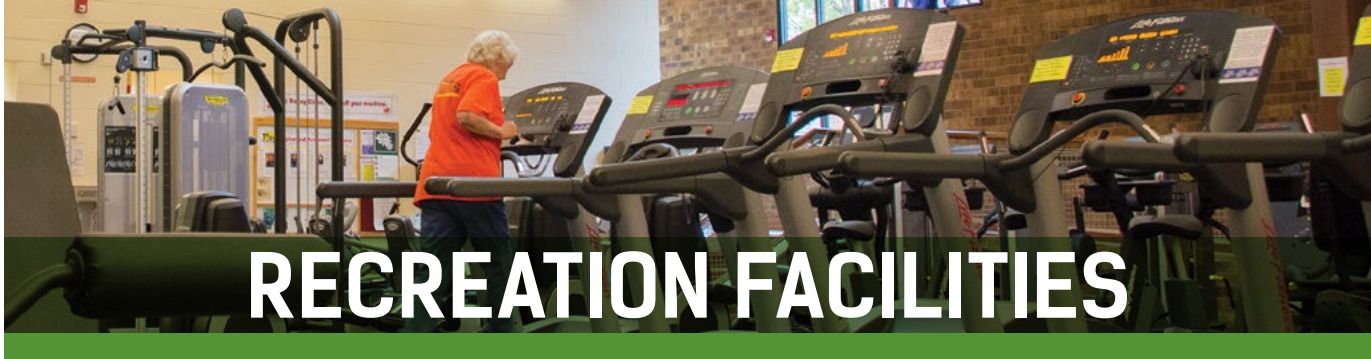
## RECREATION GUIDE

WINTER 2019 | [ENGLEWOODREC.ORG](http://ENGLEWOODREC.ORG)

Residents can register starting  
**Wednesday, November 13**

All others can register starting  
**Friday, November 15**





# RECREATION FACILITIES

## ID CARD

All program and center participants are required to obtain an ID Card for access.

## Resident ID Cards

\$3 – valid 3 years from date of purchase. Englewood residents must obtain a Resident ID card for each member of the family who wishes to receive the Resident Fee rate. A valid photo ID with current address or documentation verifying current Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. Create a household account to register online.

## Non-Resident ID Cards

Non-Residents will receive their first ID Card for free. (No card needed for spectators or rental guests.)

## Gymnasium

Full size gym for basketball, volleyball, and other court activities.

## Fitness Amenities

Cardiovascular rooms including ellipticals, stationary cycles, and treadmills. Comprehensive weight rooms including free weights and weight bearing machines.

## Locker Rooms

Showers and lockers available to all paid guests; bring your own lock and towel.

## Facility Rentals

Our Recreation Centers and Community Parks offer individual and group rentals (classrooms, pools, gym, multipurpose

rooms, kitchen, and park shelters) to host your next meeting, gathering or celebration. Please visit [englewoodco.gov](http://englewoodco.gov) for current rental information.

## Corporate Rates

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for significantly discounted Corporate Rates. Please contact 303-762-2680 or [recreation@englewoodco.gov](mailto:recreation@englewoodco.gov).

## Individuals with Disabilities Program

The City of Englewood strives to mainstream individuals with disabilities into our recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation to receive equal opportunity of inclusion. For additional information contact 303-762-2680 or [recreation@englewoodco.gov](mailto:recreation@englewoodco.gov).

## Financial Assistance for Englewood Residents

Please contact 303-762-2680 or [recreation@englewoodco.gov](mailto:recreation@englewoodco.gov).

## NEW Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers will honor new Wellness Insurance Programs starting in 2020. These include SilverSneakers, Renew Active and Silver & Fit. Please check with your insurance provider to determine which program they are offering so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare Supplement plan (Medigap). Contact your health insurance provider for eligibility.



## ENGLEWOOD RECREATION CENTER

Fun for all ages • 303-762-2680 • 1155 W. Oxford Avenue

The Englewood Recreation Center, a full service community facility, offers activities for all ages. Currently, the center offers an indoor track, 25-meter eight lane pool, The Zone functional training center, four racquetball/wallyball courts, gymnasium, cardiovascular and weight training rooms.

### Hours of Operation

M-Th: 5:30 AM – 10:00 PM  
F: 5:30 AM – 8:00 PM  
Sa & Su: 8:00 AM – 5:00 PM  
POOL CLOSING 30 MIN BEFORE CENTER

### Center Closures:

TUESDAY, 12/24 8:00 AM – 2:00 PM  
WEDNESDAY, 12/25 CLOSED  
TUESDAY, 12/31 8:00 AM – 2:00 PM  
WEDNESDAY, 1/1 CLOSED

## Center Admission

Admission includes use of fitness amenities (pool, weight rooms, cardio, ZONE functional training room, running track (6.5 laps = 1 mile), gymnasium and Racquetball/Walleyball/Handball courts.)

Type	GENERAL: 3 – 54 Years		ACTIVE ADULT: 55 – 82 Years	
	Non-Resident	Resident	Non-Resident	Resident
Daily Admission (Recreation ID required)	\$6.00	\$4.75	\$5.50	\$4.00
25-Visit Punch Card	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$80.00 (CPV \$3.20)	\$64.00 (CPV \$2.56)
Fitness Drop-In Class	\$10.00	\$8.00	\$10.00	\$8.00
Annual Pass Active adults ages 55 – 82 can enjoy use of both Recreation Centers with this pass for drop-in use.	\$390.00 (\$32.50/mo)	\$312.00 (\$26.00/mo)	\$356.00 (\$29.67/mo)	\$225.00 (\$18.75/mo)
Premier Annual Pass* Upgrade your ERC annual pass to include eligible group fitness classes, one personal training session, four guest passes, and childcare. (See pages 45 through 49 for eligible fitness classes.)	\$465.00 (\$38.75/mo)	\$387.00 (\$32.25/mo)	\$430.00 (\$35.83/mo)	\$300.00 (\$25.00/mo)
Platinum Pass (83+) Ages 83 and up are free to enjoy drop-in use of the Englewood and Malley Recreation Centers.	—	—	FREE	FREE

Racquetball/Walleyball/Handball Recognized User Groups see Center Supervisor for rates.	Courts are reserved by the hour. Reservations are accepted two days in advance.	NEW Fee included in center admission.
Corporate Rates Call for Pricing; Pricing based on Residency, and number of visits purchased.		

\*All Annual passes are eligible for monthly auto-debit program. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.

## RECREATION STAFF

Senior Recreation Supervisors	Brad Anderson – Aquatics Allison Boyd – Facility/Programs	banderson@englewoodco.gov aboyn@englewoodco.gov
Englewood Recreation Center	Sara Stant Joyce Musgrove Kathy Wallace – Aquatics Jeff Jones – Projects	sstant@englewoodco.gov jmusgrove@englewoodco.gov kwallace@englewoodco.gov jjones@englewoodco.gov
Malley Recreation Center	Cheryl Adamson Shelly Fritz-Pelle	cadamson@englewoodco.gov sfritz@englewoodco.gov
Open Space Activities Supervisor	Lindsay Peterson	lpeterson@englewoodco.gov



## The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations that can be customized to meet your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform and dozens of attachment points for straps. Tetro Performance offers a variety of fitness classes using The ZONE room. Register online at [tetroperformance.com](http://tetroperformance.com) and check out page 43 for current classes.

# HOW TO REGISTER

RESIDENT REGISTRATION BEGINS **WEDNESDAY, 11/13.**  
NON-RESIDENT REGISTRATION BEGINS **FRIDAY, 11/15.**



**ONLINE:** Submit registrations anytime at [englewoodrec.org](http://englewoodrec.org). Payments must be made with Visa, MasterCard, Discover Card, or Amex.



**WALK-IN:** Registrations are accepted at the **Englewood Recreation Center** or **Malley Recreation Center** during regular business hours.



**PHONE:** Call 303-762-2680 or 303-762-2660 during regular business hours.

## Policies and Enrollment

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before non-residents. During this period, non-resident registrations are accepted and prioritized by date/time. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment provided they are for the amount of purchase only, local (Colorado), preprinted with customer's name and address, and have a valid Colorado Driver License or Colorado ID card number on them. A \$25 service charge will be assessed on any returned check.



MALLEY RECREATION CENTER — Where Fun Never Gets Old!

For ages 55 and better • 303-762-2660 • 3380 S. Lincoln Street

The Malley Recreation Center and programs promote healthy lifestyle and social activity. Enriching programs including fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts, and more. Home to the highest quality Pilates Reformer machines.

Hours of Operation

M-Th: 8:00 AM – 7:00 PM  
F: 8:00 AM – 5:00 PM  
Sa: 9:00 AM – 1:00 PM  
Su: CLOSED (except for scheduled activities)

Center Closures:

TUESDAY, 12/24 8:00 AM – 2:00 PM  
WEDNESDAY, 12/25 CLOSED  
TUESDAY, 12/31 8:00 AM – 2:00 PM  
WEDNESDAY, 1/1 CLOSED

Annual Maintenance Closure:  
MONDAY, 2/24 – SUNDAY, 3/1

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Recreation Center and Computer access are not available to those under age 55.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers will honor new Wellness Insurance Programs starting in 2020. These include SilverSneakers, Renew Active and Silver & Fit. See page 22 for more information.

Volunteers of America (VOA) Nutrition Program

Malley Recreation Center and Volunteers of America team up to serve a great lunch Monday through Friday from 11:30 AM – 1:00 PM. Reservations are required and must be made by noon two days in advance; reservations for Monday and Tuesday must be made by noon on the previous Thursday. Please call 303-762-2660 to reserve your space.

Type	ACTIVE ADULT: 55 – 82 Years	
	Resident	Non-Resident
Social Pass	\$48.00	\$60.00
Annual Pass (Multi-Facility)	\$225.00 (\$18.75/mo)	\$356.00 (\$29.67/mo)
Premier Annual Pass	\$300.00 (\$25.00/mo)	\$430.00 (\$35.83/mo)
Platinum Pass (83+)	FREE	FREE



Pickleball

Pickleball is a low-impact, active game combining elements of badminton, tennis, and table tennis. Players use paddles and a plastic ball in a court with a low net. It’s easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required.

DROP-IN PICKLEBALL SCHEDULE		Courts are first come, first served and subject to availability.						
Location	Level	Su	M	Tu	W	Th	F	Sa
MRC	Beg./Int.	—	11:30 AM – 1:30 PM	—	—	—	11:30 AM – 1:30 PM	—
	Adv.	—	1:30 – 5 PM	—	2:30 – 5 PM	—	1:30 – 5 PM	9 AM – 1 PM
ERC	Beg./Int.	—	—	—	1 – 4 PM	—	1 – 4 PM	—
	Adv.	—	—	—	1 – 4 PM	—	—	—
CFHSC	Beg./Int.	—	—	1 – 5 PM	—	1 – 5 PM	1 – 5 PM	—
	Adv.	1 – 5 PM	—	8 AM – NOON	—	8 AM – NOON	—	—

MRC = Malley Recreation Center, ERC = Englewood Recreation Center, CFHSC = Colorado’s Finest High School of Choice

MALLEY RECREATION CENTER SOCIAL PASS

SELF-LED PROGRAMS — REQUIRES SOCIAL PASS

Class	Activity #	Dates	Days	Time	Location	Fee	Res
<b>BYOC Crafters Group</b> Do you start projects and have difficulty finishing them? If you answered “yes” then this is the group for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided.							
	11760611	12/7 – 2/22	M	1:00 - 3:00 PM	MRC	\$16	\$13
<b>Oil Painting Group</b> Oil painting is a great and extremely versatile medium. Bring your own supplies and work at your own pace. Have fun while finishing a piece for your home, family or friend.							
	11761411	12/4 – 2/19	W	1:00 - 3:30 PM	MRC	\$16	\$13
<b>Drop-in Woodcarving</b> For carvers with some experience. A carving glove and thumb guard are required.							
	11762511	12/4 – 2/19	W	6:00 – 8:00 PM	MRC	\$16	\$13
	11762512	12/6 – 2/21	F	9:30 – 11:30 AM	MRC	\$16	\$13
<b>Bunka Embroidery</b> Bunka embroidery is sometimes called Japanese thread painting and the finished picture frequently resembles an oil painting.							
	11751611	12/7 – 2/22	Sa	9:00 AM - NOON	MRC	\$16	\$13

DROP-IN PROGRAMS — REQUIRES SOCIAL PASS

Class	Dates	Days	Time	Fee
<b>Bridge Group</b> Enjoy duplicate bridge and bring a partner.				
	—	Tu	12:30 – 4:00 PM	SOCIAL PASS
<b>Table Tennis</b> The sport can be played as single or doubles. Great for beginners and increased levels.				
	—	Tu/Th	12:30 – 4:30 PM	SOCIAL PASS
<b>Retirement Support Group</b> Gather with other retirees and share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much, much more.				
	—	W	10:30 – 11:30 AM	SOCIAL PASS
<b>Mahjong</b> Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your Mahjong set if you have one.				
	—	F	12:30 – 4:30 PM	SOCIAL PASS
<b>Bunco Bash Fridays</b> Have fun, be social and play an easy-to-learn, exciting game! Played with only dice and a score sheet, all you need to do is roll the dice and add the points! Partners rotate.				
	1st, 3rd and 5th Fridays	F	1:00 – 3:00 PM	SOCIAL PASS
<b>MovieTime</b> Join us the second Friday of the month to watch a free movie on the big screen. Popcorn available for 25 cents. Watch for monthly flyers or call 303-762-2660 for the week of the movie.				
	—	F	1:00 PM	SOCIAL PASS





# ENGLEWOOD LIBRARY

1000 Englewood Parkway • 303-762-2560 • [www.engagewoodco.gov/library](http://www.engagewoodco.gov/library)

## ADULT PROGRAMMING

### Artist’s Reception

Thursday, 1/9 • 6:00 – 7:00 PM

The Englewood Public Library is excited to host a rotating art exhibit that highlights the work of local and regional artists. All exhibits are free to the public and rotate bimonthly.

Location: Reading Circle

### Book Clubs – Yakking, Snacking, and Voting

Wednesday, 12/4 • 6:30 – 8:00 PM

Please join us for book talks, refreshments, and voting for the 2020 book club book lists. No registration required.

Location: Anderson Room

### Connect for Health Colorado Assistance

Tuesdays and Thursdays, 11/1 – 1/10 • NOON – 5:00 PM

DoctorsCare will be hosting one-on-one appointments for those looking to enroll in health insurance for the first time, renew your coverage, apply for financial assistance, or browse and compare plans. Registration required through 720-458-6185 or [www.doctorscare.org/enroll](http://www.doctorscare.org/enroll).

Location: Study Room 101

### Let’s Get Crafty

Saturday, 12/21 • 10:30 AM – NOON • Mason Jar Luminaries

This is your opportunity to broaden your crafting horizons! Join us once a quarter to learn a new craft. We’ll bring the supplies. For adults and teens. Registration recommended.

### Genealogy: Getting Started

Sunday, 1/5 and 1/12 • 1:30 – 3:30 PM

Want to find out who’s hanging out in your family tree? Join genealogy expert Leah Kloczek for the first two of our four-session series to learn the basics and get started learning about your ancestors. Registration required.

Location: Anderson Room

### Harplanders

Sunday, 12/15 • 2:00 – 3:00 PM

Beautiful live performances by the local Colorado Celtic Harp Society. All ages welcome.

Location: Reading Circle

### Movie Matinéés

3rd Saturday of Month • 2:00 PM

Join us for popcorn and a movie once a month. Parents please call ahead to determine if the month’s title is appropriate for your children.

Location: Hampden Hall

### Intro to Nonviolent Communication

Saturday, 1/25 • 1:00 – 4:00 PM

Based on the Non-Violent Communication (NVC) work of Marshall Rosenberg and grounded in compassion and common human needs. NVC helps transform patterns that often lead to conflict or disconnection from ourselves and others. Please join us for this introductory class and discover ways to transform your life. For adults and teens. Registration encouraged.

Location: Anderson Room

### Make-ahead Keto

Saturday, 1/18 • 2:00 PM

Having trouble sticking to a Keto lifestyle because of your busy schedule? Come learn a few make-ahead dishes with Monica Kadillak to help you stay on track! Space is limited so registration is recommended.

Location: Perrin Room

### Tough Topics

Second Saturday of the month, Sept – Feb • 2:00 – 3:30 PM

Join us as we delve into some of the difficult issues we’re facing in Colorado and the world today. Each month we will have an expert presenting facts on topics like bullying, homelessness, human trafficking, LBGTQIA+ rights, the overdose crisis, and racism. Let’s get the conversation going. For adults and teens. No registration required.

Visit [www.engagewoodco.gov/library](http://www.engagewoodco.gov/library) to grab all the details on our regularly scheduled programs.

- |                             |   |                                    |   |
|-----------------------------|---|------------------------------------|---|
| • Book Club Buzz            | • English Language & Citizenship Tutoring | • Life, the Universe, & Everything | • Sit-n-Knit                                  |
| • Books @ the Bar           |   |                                    | • Sundown Book Club                           |
| • Conversations Over Coffee | • French Conversation Circle              | • Malley Book Club                 | • Writers Group – Once Written, Twice Revised |
| • Drive Smart               | • Get Smart Tutoring                      | • Memory Cafe                      |   |

## CHILDREN’S PROGRAMMING

### For School-Age Children

Head to the library after school for these special programs tied to STEM, Art, Literacy, and Music. No registration required.

12/12	Th	4:00 PM	Winter Celebrations
1/16	Th	4:00 PM	Cowpoke Training Camp
1/30	Th	4:00 PM	Lantern Festival
2/13	Th	4:00 PM	Frozen Extravaganza
2/27	Th	4:00 PM	Leap Year Launch

### For Younger Children

These programs are for toddler and preschool aged children, and start at 10:30 AM.

### Messy Process Art:

The purpose of this program is to encourage children to be creative by focusing on the process as opposed to the end result.

12/3	Tu	10:30 AM	Messy Art
1/10	F	10:30 AM	Messy Art
2/4	Tu	10:30 AM	Messy Art

### Extra Programs:

These programs are designed as an extra special storytime for toddler and preschool aged children. Along with a story, these programs include crafts and games!

12/19	Th	10:30 AM	Extra Program
1/21	Tu	10:30 AM	Extra Program
2/20	Th	10:30 AM	Extra Program

## FOR ALL AGES

### Saturday Activities

Every Saturday at 10:00 AM the Storytime room will be open for Open Play (1st, 3rd, 5th Saturday) or Legos (2nd, 4th Saturday).

### Winter Break Activities

Join us for these special winter break activities!

12/20	F	1:00 PM	Legos
12/23	M	1:00 PM	Movie
12/26	Th	1:00 PM	Fort Building
12/27	F	1:00 PM	Legos
12/30	M	1:00 PM	Movie
1/2	Th	1:00 PM	Winter Crafts
1/3	F	1:00 PM	Legos
1/6	M	1:00 PM	Movie

### Storytimes at the Library

Children learn naturally when they read, sing, write, talk, and play! Our interactive storytimes combine books, songs, rhymes, and fun. Playtime is available after every storytime.

#### BABYSTEPS

Every Wednesday at 10:30 AM and 2:30 PM

For children up to 18 months

This lap sit storytime focuses on developing your baby’s pre-literacy skills. It will introduce a love for books by using song, movement, and rhyme. The program will help improve motor, sensory, and social skills with caregiver and baby play time.

#### TEETERTOTS

Mondays and Tuesdays at 10:30 AM

For children 18 months – 3 years

This storytime taps into the boundless energy of your toddler. It will engage your children with short stories, finger puppet plays, action rhymes, and songs. Your toddler will be learning sounds, letter recognition, and new words that will help them grow into pre-readers all while having fun.

#### PRESCHOOL

Thursdays and Fridays at 10:30 AM

For children 3 – 5 years

Pre-readers will improve literacy skills needed in kindergarten. This storytime features longer books accompanied by a variety of activities, including simple crafts, flannel boards, puppetry, and dramatics.



## EVERY CHILD READY TO READ

At Englewood Public Library, we believe public libraries can have an even greater impact on early literacy through an approach that focuses on educating parents and caregivers using everyday skills such as:

#### READING

The single most important activity for building the knowledge required for eventual success in reading is reading aloud to children. The more fun a child has reading books, the more likely they will become an independent reader. Read all types of books that your child might enjoy, including pop-ups, wordless books, fiction, and non-fiction. As they get older, start reading short chapter books together to help them move towards reading comprehension without the need for pictures.



TWEEN PROGRAMMING

Tween programming fun continues! These programs will be geared towards children ages 8 – 11.

Got Snow?

Tuesday, 12/10 • 4:00 PM

Join us for a variety of snow and ice related science and crafts! With hands-on activities we will discover what it takes to make snow and melt ice! We will also explore the science behind blizzards and avalanches. And there just might be a snowy treat, too!

Unplugged Programming

Tuesday, 1/14 • 4:00 PM

Let’s talk coding and programming, without the computer! Join us for this “unplugged” afternoon of games designed to teach coding and programming basics. Drive your “robot” friend through a maze using only basic commands, use patterns to create actions, and more!

Cupcake Decorating

Tuesday, 2/4 • 4:00 PM

Join us for a cupcake decorating contest! Think Cupcake Wars, without the ovens. Practice your cupcake decorating skills, and get a yummy take home treat!

Book Recommendation

*The Naturals*  
by Jennifer Lynn Barnes



Seventeen-year-old Cassie is a natural at reading people. Piecing together the tiniest details, she can tell you who you are and what you want. But, it’s not a skill that she’s ever taken seriously. That is, until the FBI come knocking: they’ve begun a classified program that uses exceptional teenagers to crack infamous cold cases, and they need Cassie. What Cassie doesn’t realize is that there’s more at risk than a few unsolved homicides. Soon, it becomes clear that no one in the Naturals program is what they seem. And when a new killer strikes, danger looms close. Caught in a lethal game of cat and mouse with a killer, the Naturals are going to have to use all of their gifts just to survive.

Corinne, the Teen Librarian’s Review:

*What a great book! This one really kept me on the edge of my seat, and it has a plot twist that you definitely don’t see coming! If you are a fan of Criminal Minds or The Mentalist, this is definitely your book. I have always been fascinated by forensic science and criminal profiling, and this books has great descriptions of both! Plus, with three more books in the series, how can you not get hooked?*

Teens – Summer 2019 Highlights



Life Size Clue



Murder Mystery Dinner

TEEN PROGRAMMING

Teen programming is geared towards ages 12 – 18.

New Year Party

Friday, 12/27 • 6:00 PM [AFTER HOURS!]

Join us as we ring in the New Year – a few days early! Come in after the library closes for fun, games, and a toast to the New Year! This program will start after the library closes so we ask that everyone enter and leave through the garage entrance.

Unplugged Game Night

Tuesday, 1/28 • 6:00 PM

Let’s take a break from screen time and get back to the board game! We’ll learn some new games (or re-introduce some old ones), and nosh on some snacks. We’ll have some games available, but feel free to bring your own games to share!

Anti-Valentine’s Day Party

Friday, 2/14 • 6:00 PM [AFTER HOURS!]

Who needs all that lovey-dovey stuff, anyway? Join us after the library closes for some Anti-Valentine’s Day fun! We’ll make unhappy valentines for our friends, and celebrate love, but maybe not as gooey as usual. This program will start after the library closes so we ask that everyone enter and leave through the garage entrance.

Tuesday Teen Hangouts!

Tuesdays, 4:00 – 7:00 PM

Join us weekly for a “Teens Only” hangout. Computer games, board games, writing and drawing supplies will be available. See Librarian for details.



# COMPUTER / TECH CLASSES

Computer Classes: 303-762-2560

PLEASE NOTE: Computer classes take place in the Englewood Public Library. In most cases registration is required: 303-762-2560. All computer classes in the library are free of charge. *\*We now have classes on two Saturday mornings each month.*

Excel: Basics

Excel spreadsheets allow you to easily store, organize, and manipulate data. This class teaches the basics of Excel (inserting text, basic functions, AutoSum, AutoFill, and more) by creating a budget and making Excel do all the math for you! Registration required.

12/7 Sa 10:30 AM – NOON LIBRARY TECH LAB

Excel: Formatting

Have you taken our basics class? It’s time to move on and expand your Excel knowledge. Learn about conditional formatting, freezing rows, and using tables. Basic Excel skills necessary. Registration required.

12/21 Sa 10:30 AM – NOON LIBRARY TECH LAB

Excel: Formulas

Learn how to make Excel do the work for you by using commonly accessed formulas and functions. Basic Excel skills necessary. Registration required.

1/4 Sa 10:30 AM – NOON LIBRARY TECH LAB

eMedia: Doing the Downloadables

Step into the wonderful world of eResources! Learn about downloading audiobooks, eBooks, eMagazines, and streaming music and movies. For adults and teens. No registration required.

1/13 M 5:30 – 7:00 PM ANDERSON ROOM

Google: eMail/Calendar

Students new to email will receive help signing up for a free Gmail account. Learn how to send and receive emails, manage your inbox, and practice downloading and attaching files. We will also delve into the basics of Google calendar. Basic computer skills necessary. Registration required.

1/18 Sa 10:30 AM – NOON LIBRARY TECH LAB

PowerPoint

PowerPoint is a popular presentation creation software that uses slides. Learn how to create, edit, and save a basic presentation. Registration required.

2/1 Sa 10:30 AM – NOON LIBRARY TECH LAB

Smartphones & Tablets: Letting Go of the Fear

Learn how to navigate commonly used features on your Windows, Android, or Apple smartphone or tablet. Afterward, there will be time for answering questions. Please bring your own device. No registration required.

2/10 M 5:30 – 7:00 PM ANDERSON ROOM

Publisher

Learn the basics of this desktop publishing program that can be used to create a variety of publications like business cards, greeting cards, calendars, newsletters and much, much more. Registration required.

2/15 Sa 10:30 AM – NOON LIBRARY TECH LAB

Open Tech Labs

Get help with job applications, resumes, Microsoft Office, eBooks and more.

Th 4:30 – 6:30 PM  
F 2:30 – 4:30 PM  
Sa 2:30 – 4:30 PM  
Su 2:30 – 4:30 PM







# BROKEN TEE GOLF COURSE

Broken Tee Golf Course • 303-762-2670 • 2101 W. Oxford Ave. • [www.brokentee golf.com](http://www.brokentee golf.com)

Englewood Parks and Recreation presents hosts one of the finest public golf facilities in the Rocky Mountain region: Broken Tee Golf Course.

Broken Tee offers:

- Championship 18-hole course with Dye design front 9
- Par 3 course with multiple tee boxes – a challenge for the serious golfer or simple fun for the entire family
- Large driving range and one of the best practice areas in Metro Denver
- FootGolf on the Par 3 course

In the 2019 *Colorado Avid Golfer* “Best of Colorado” magazine, Broken Tee was:

- Voted #1 Best Practice Facility & Driving Range AND also a *Colorado Avid Golfer* Staff Pick
- Voted #2 Best Course for Families
- Voted #2 Best Course for Seniors
- Voted #3 Best Course for Women
- *Colorado Avid Golfer* Staff Pick Best Course to Walk
- *Colorado Avid Golfer* Staff Pick Best Ego-Booster

## Advance Tee Times:

To book your Tee Time, call 303-762-2670 after 2:00 PM or go online to [brokenteegolf.com](http://brokenteegolf.com). Residents can schedule nine days in advance; Non-Residents eight days in advance. Visit the website for current pricing of green fees, carts and driving range ball buckets.

## Plan your Holiday party with us!

### No room fee!

Our private meeting room is perfect for all types of business and social events. With seating for up to 50 people and A/V capabilities, it is a perfect room for a holiday party and off-site meetings. The location is ideal, only ten minutes from DTC and downtown Denver, and parking is free. Throughout the year, the room is available for business meetings, sales presentations, and trainings. The room fee is waived with purchase of food and beverages. Please call 303-781-0378 to schedule.



# OUTDOOR WINTER TRIPS

Cross Country – Snowshoe – Downhill – Shop

Grab your skis or snowshoes (or rent on location), choose your favorite location and hit the snow! Get your equipment tuned before you go, so you do not miss a thing. Bring your lunch or purchase on-site and equipment. Fee includes transportation and driver. Rentals, lessons, lunch and activity are on your own. If two different locations are indicated for that day, the driver will be dropping off at both locations. You may Cross Country Ski, Snowshoe, or Downhill. If you are new to the sport or need improvement, lessons are available at most locations.

Shopping! If you do not want to hit the snow but want to get out into the mountains, ride the Malley ski bus to a mountain town. Explore, shop, have lunch and the Malley bus will pick you back up at the end of the day.

Location	Activity #	Date	Day	Time
Devil’s Thumb/Winter Park	12160111	1/9	Th	7:30 AM – 5:00 PM
Breckenridge N.C./Breckenridge	12160211	1/21	Tu	7:30 AM – 5:00 PM
Keystone N.C./Keystone	12160311	2/6	Th	7:30 AM – 5:00 PM
Snow Mtn. Ranch/Winter Park	12160411	2/18	Tu	7:30 AM – 5:00 PM
Frisco N.C./Copper Mtn.	12160511	3/5	Th	7:30 AM – 5:00 PM
Devil’s Thumb/Winter Park	12160611	3/17	Tu	7:30 AM – 5:00 PM

Destinations are subject to change.  
Registration deadline is 7 days prior to the trip.

Each Trip:

Fee: \$21  
Resident Fee: \$17

*City of Englewood is an equal opportunity service provider and employer. City of Englewood operates under special use permit from the USDA Forest Service, White River National Forest.*

## THE JASON PARK PLAYGROUND IS OPEN!

Thanks to a generous grant from the Arapahoe County Open Space Program and the planning efforts of the Parks Department, construction of the new playground is complete.

The new playground includes a play area for 2 – 5 years of age and a play area for 5 – 12 years of age. All of the “sparkling” new play equipment incorporates some sort of element to promote climbing, sliding, spinning, balancing and swinging. Just north of the playground, children of all ages can “dig in” to the new sandbox building their next creation.

Complementing the play area, the landscape and pathways are enhanced for safety and aesthetics. This park project includes the repurposing of prior park structures. Look around and you just might spot parts of an original playground Roundabout!







# AQUATICS

### Hours

**M – Th:** 5:30 AM – 9:30 PM  
**F:** 5:30 AM – 7:30 PM  
**Sa/Su:** 8:00 AM – 4:30 PM

### Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

**Supervise your children. No diving.  
No breath-holding games, please.**

### The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

### Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2 – 3 ft. shallow children’s area with easy access stairs
- Small slides
- Family changing rooms
- Dry sauna 180 – 200°
- ADA accessible
- Pool temp 86° year-round

### Rec Swim

Head on down for an afternoon of fun. Toss the ball, dive for rings, or take a ride down the slides. Rec Swim is not available Saturday mornings.

### Lap Swim

One to two lanes are available most days and times. Two swimmers, split the lane. Three or more, circle swim.



## ENGLEWOOD RECREATION CENTER POOL SCHEDULE

CLASS	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Masters			5:30 – 7:00 AM		5:30 – 7:00 AM		
Lap Swim (3 – 5 lanes)	8:00 AM – 1:00 PM	10:00 AM – 1:00 PM	NOON – 1:00 PM	10:00 AM – 1:00 PM	NOON – 1:00 PM	11:00 AM – 1:00 PM	NOON – 1:00 PM
Modified Lap (2 – 3 lanes)	1:00 – 4:30 PM	5:30 – 10:00 AM	5:30 – 8:00 AM	5:30 – 10:00 AM	5:30 – 8:00 AM	5:30 – 11:00 AM	8:30 AM – 4:30 PM
		1:00 – 9:30 PM	1:00 – 9:30 PM	1:00 – 9:30 PM	1:00 – 9:30 PM	1:00 – 7:30 PM	
Rec Swim	1:00 – 4:30 PM	1:00 – 4:30 PM	1:00 – 4:30 PM	1:00 – 4:30 PM	1:00 – 4:30 PM	1:00 – 4:30 PM	1:00 – 4:30 PM
		7:30 – 9:30 PM	7:30 – 9:30 PM	7:30 – 9:30 PM	7:30 – 9:30 PM	6:30 – 7:30 PM	
Water Fitness		7:00 – 8:00 AM	8:00 AM – NOON	7:00 – 8:00 AM	8:00 AM – NOON	7:00 – 11:00 AM	
		9:00 – 10:00 AM	5:30 – 6:30 PM	9:00 – 10:00 AM	5:30 – 6:30 PM		
Swim Lessons		5:00 – 7:15 PM	9:00 – 11:00 AM	1:00 – 3:00 PM	9:00 – 11:00 AM		8:30 AM – NOON
			5:00 – 7:15 PM	5:00 – 7:15 PM	5:00 – 7:15 PM		
Swim Team	7:00 – 8:00 AM	5:30 – 7:00 AM	4:00 – 8:00 PM	5:30 – 7:00 AM	4:00 – 8:00 PM	5:30 – 7:00 AM	7:00 – 8:30 AM
		4:00 – 8:00 PM		4:00 – 8:00 PM		4:00 – 5:30 PM	
Water Walking	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE
Tot Area	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	NOON – 4:30 PM

Very limited lap lanes during swim lessons. Slide available upon request M – F 1:00 – 4:30 PM and 7:30 – 9:30 PM.

# WATER FITNESS

### Aqua Power

Ages: 16 yrs +

Add water to your everyday routine and see the difference.

12/5 – 12/19	Th	5:30 – 6:30 PM	\$17/\$14	11250211
1/9 – 1/30	Th	5:30 – 6:30 PM	\$23/\$19	11250221
2/6 – 2/27	Th	5:30 – 6:30 PM	\$23/\$19	11250231

### Aqua HIIT

Ages: 16 yrs +

High intensity followed by active recovery = all gain with no pain.

12/3 – 12/17	Tu	5:30 – 6:30 PM	\$17/\$14	11250611
1/7 – 1/28	Tu	5:30 – 6:30 PM	\$23/\$19	11250621
2/4 – 2/25	Tu	5:30 – 6:30 PM	\$23/\$19	11250631

### Senior Aqua

Ages: 55 yrs +

Rediscover the fountain of youth where splashing and smiling isn’t just for kids.

12/2 – 2/28	M, W, F	7:00 – 8:00 AM	\$53/\$42	11260111
12/2 – 2/28	M, W, F	9:00 – 10:00 AM	\$53/\$42	11260112
12/3 – 2/28	Tu, Th, F	8:00 – 9:00 AM	\$53/\$42	11260113
12/3 – 2/28	Tu, Th, F	9:00 – 10:00 AM	\$53/\$42	11260114

\* No classes 12/23 – 1/3

### Arthritis Aqua

Ages: 55 yrs +

Do you suffer from arthritis? One of the best ways to control pain, increase flexibility, and improve daily function is through aquatic exercise.

12/3 – 2/28	Tu, Th F	11:00 AM – NOON 10:00 – 11:00 AM	\$53/\$42	11260211
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### Splash Aqua

Ages: 55 yrs +

Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength, and endurance conditioning.

12/3 – 2/28	Tu, Th, F	10:00 – 11:00 AM	\$53/\$42	11260311
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### Masters Swim Team

15yrs +

Coach-led workouts to fit the goals of novice swimmers or long time devotees to the 5 AM workout. Must love flip flops and early mornings.

Instructor: David Lee, ASCA Certified

T/Th	5:30 – 7:00 AM	Daily: \$8/\$10	20 punches: \$150/\$120
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## IT’S ALWAYS THE PERFECT SEASON FOR A POOL PARTY!

# PARTY WITH US!

All parties include a host, paper products, lemonade, and your choice of cake and ice cream or pizza.



### Pool Parties

Ages 3 yrs +

Saturdays and Sundays

12:30 PM or 2:30 PM

- All parties begin in the party room for 1 hour with your host, and end with unlimited swimming until close.
- Parties for children under 8 years old require 3 – 5 adults actively supervising in the water with swimsuits on.

\$135: 1 – 15 guests • \$150: 16 – 20 guests

### Flip and Dip Parties

Ages 3 – 6 yrs

Sundays at 10:00 AM

- Kids will have a flipping good time that finishes with a splash! With this option, they’ll spend the first hour tumbling, spend one hour in the party room, and then head off to the pool for more fun.
- This party requires 3 adults actively supervising in the water with swimsuits on.

\$185: 1 – 10 guests

Reservations require a \$75 deposit or full payment if within 10 days.  
Contact a supervisor on duty to make your reservation at 303-762-2680.





# SWIMMING LESSONS

Englewood Recreation Center • 1155 W. Oxford Ave.

### Infant and Toddler

#### Babes & Tots (6 mos – 3 yrs)

Introduction to the water with a focus on safety and primary water skills including submersion, bubbles, and water play in a fun, family environment.

#### Jellyfish (2½ – 3½ yrs)

The next step for a toddler ready to explore the pool on their own, with an instructor. These little ones must be adventurous and ready to take instruction. These are graduates of the infant program and go under water willingly.

### Preschool

#### Seahorse (3 – 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games is used to help them gain confidence and trust.

#### Seal (3 – 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

#### Otter (4 – 5 yrs)

These little ones can float for 10 seconds, roll over, and kick 10 meters to safety.

#### Sea Lion (4 – 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

### School Age

#### Stingray (6 – 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking, and breathing will be mastered here.

#### Dolphin (6 – 14 yrs)

Swimmers will be conditioned to float, kick, and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15–25 meters.

#### Swordfish (6 – 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke, and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

#### Barracuda (6 – 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time, and advanced safety skills are included.

#### Shark (6 – 14 yrs)

Swimmers completing this class will have all the skills necessary to swim for fitness, join a swim team, or take lifeguard training.

### Aquatic Personal Training

Need to kick it up a notch, somewhere to start, or rehab an injury?

### Private Swim Lessons

If you need more flexibility or an individualized approach to your unique needs, sign up for private swim lessons. Please allow up to 2 weeks for placement with an available instructor.

Call 303-762-2680 or email [kwallace@englewoodco.gov](mailto:kwallace@englewoodco.gov) to schedule your lesson.

	Private Swim 1 Student	Semi-Private Swim 2 Students
	30 Min	30 Min
1 lesson	\$27	\$35
4 lessons	\$92	\$112

### Tidal Waves

Ages: 6 – 17 yrs

Take your swimming skills to the next level on our year round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters.

Location: ERC

1/6 – 4/22 M, W 5:30 – 6:30 PM \$93/\$75 11230911

### Lifeguard Training

Ages: 15 yrs +

Get a jump on your job search by getting trained now. Ask how to get it FREE. First Aid, CPR, AED, blood borne pathogens and oxygen administration are included. Prerequisites: 15 years old, swim 200 meters free or breaststroke, complete online lifeguard class. Call 303-762-2680 for more information.

1/2 – 1/5 Th – Su 9:00 AM – 2:00 PM \$100 11240111  
2/2 – 2/23 Su 9:00 AM – 2:00 PM \$100 11240112

### Home School Swimming

Join the fun in our home school lessons. Open swim is included for the swimmers and parents as part of our afternoon experience. Parents who actively supervise their non-swimmers under 8 years old augment our layers of protection. Please email [kwallace@englewoodgov.org](mailto:kwallace@englewoodgov.org) for placement and exact class times.

1/8 – 1/2 W 1:00 – 3:00 PM \$25 11230811  
2/5 – 2/26 W 1:00 – 3:00 PM \$25 11230821

### Infant Swimming Resource

Children from 6 months to 6 years of age learn how to use Infant Swimming Resource’s Self-Rescue® skills to save themselves.

Mary Davison, RN • 303-988-1422 • [m.davison@infantswim.com](mailto:m.davison@infantswim.com)  
[mdavison.infantswim.com/instructor/](http://mdavison.infantswim.com/instructor/)

## WEEKDAY SWIM LESSONS

4 weeks • 8 lessons

Session 1: \$34/\$27 Session 2 & 3: \$44/\$36		M/W			T/Th		
Session:		1	2	3	1	2	3
Class	Time	12/2 – 12/18	1/6 – 1/29	2/3 – 2/26	12/3 – 12/19	1/7 – 1/30	2/4 – 2/27
Babes & Tots (6 mos – 3 yrs)	9:05 – 9:35 AM				11210111	11210112	11210113
Jellyfish (2 ½ – 3 ½ yrs)	9:40 – 10:05 AM				11210211	11210212	11210213
	5:00 – 5:25 PM	11210221	11210222	11210223	11210241	11210242	11210243
Seahorse (3 – 5 yrs)	10:10 – 10:40 AM				11220111	11220112	11220113
	5:00 – 5:25 PM	11220121	11220122	11220123	11220141	11220142	11220143
Seal/Otter (3 – 5 yrs)	10:45 – 11:15 AM				11220211	11220212	11220213
Seal (3 – 5 yrs)	5:30 – 6:00 PM	11220221	11220222	11220223	11220241	11220242	11220243
	5:30 – 6:00 PM				11220341	11220342	11220343
Otter (4 – 5 yrs)	6:05 – 6:35 PM	11220321	11220322	11220323			
	6:05 – 6:35 PM						
Sea Lion (4 – 5 yrs)	6:05 – 6:35 PM	11220421	11220422	11220423			
Stingray (6 – 14 yrs)	5:30 – 6:00 PM	11230111	11230112	11230113			
	6:05 – 6:35 PM				11230121	11230122	11230123
Dolphin (6 – 14 yrs)	6:05 – 6:35 PM				11230221	11230222	11230223
	6:40 – 7:10 PM	11230211	11230212	11230213			
Swordfish (6 – 14 yrs)	6:40 – 7:10 PM	11230311	11230312	11230313	11230321	11230322	11230323
Barracuda/Shark (6 – 14 yrs)	6:40 – 7:10 PM				11230421	11230422	11230423

## SATURDAY MORNING SWIM LESSONS

4 weeks • 4 lessons

Session 1: \$18/\$15 Session 2 & 3: \$24/\$20		Session:		
		1	2	3
Class	Time	12/7 – 12/21	1/11 – 2/1	2/8 – 2/29
Babes & Tots	10:00 – 10:30 AM	11210131	11210133	11210135
	10:35 – 11:05 AM	11210132	11210134	11210136
Jellyfish	9:30 – 9:55 AM	11210231	11210232	11210233
Seahorse	10:00 – 10:30 AM	11220131	11220133	11220135
	10:35 – 11:05 AM	11220132	11220134	11220136
Seal	10:00 – 10:30 AM	11220231	11220233	11220235
	10:35 – 11:05 AM	11220232	11220234	11220236
Otter	8:50 – 9:20 AM	11220331	11220332	11220333
Sea Lion	11:10 – 11:50 AM	11220431	11220432	11220433
Stingray	9:15 – 9:55 AM	11230131	11230133	11230135
	11:10 – 11:50 AM	11230132	11230134	11230136
Dolphin	9:15 – 9:55 AM	11230231	11230233	11230235
	11:10 – 11:50 AM	11230232	11230234	11230236
Swordfish	8:30 – 9:10 AM	11230331	11230332	11230333
Barracuda/Shark	8:30 – 9:10 AM	11230431	11230432	11230433







# CULTURAL PROGRAMS

### Social Ballroom



**Ages:** 55 yrs +  
Incorporate how to move around the dance floor, proper placement of hands and arms and specific footwork. You will practice with Latin and American dance styles. A new dance is taught each month. Sept. – Bolero; Oct. – West Coast Swing; Nov. – Night Club  
*Location:* MRC *Instructor:* Lila Horton  
12/2 – 2/17 M 3:00 – 4:30 PM \$58/\$46/FREE 11860111

### Basic Line Dance



**Ages:** 55 yrs +  
Learn basic universal line dance steps. Your mind and body will benefit from this class.  
*Location:* MRC *Instructor:* Judy Curtis  
12/2 – 12/16 M 5:30 – 6:30 PM \$11/\$8/FREE 11860311  
1/6 – 1/27 M 5:30 – 6:30 PM \$13/\$10/FREE 11860312  
2/3 – 2/17 M 5:30 – 6:30 PM \$11/\$8/FREE 11860313  
12/4 – 12/18 W 8:15 – 9:00 AM \$10/\$8/FREE 11860314  
1/8 – 1/29 W 8:15 – 9:00 AM \$13/\$10/FREE 11860315  
2/5 – 2/19 W 8:15 – 9:00 AM \$10/\$8/FREE 11860316

### Beginning Line Dance



**Ages:** 55 yrs +  
Step up the pace in this beginning class. Perfect the vine, weave and shuffle while learning new steps. Enjoy upbeat music and choreography.  
*Location:* MRC *Instructor:* Judy Curtis  
12/4 – 12/18 W 10:15 – 11:15 AM \$11/\$8/FREE 11860411  
1/8 – 1/29 W 10:15 – 11:15 AM \$16/\$13/FREE 11860412  
2/5 – 2/19 W 10:15 – 11:15 AM \$11/\$8/FREE 11860413

### Advanced/Beginning Line Dance



**Ages:** 55 yrs +  
This dance level will build on your endurance and memory by using steps already learned in different combinations to faster music thus increasing your cardio and calorie output. We'll exercise your body, mind, improve your mood, and have a blast!  
*Location:* MRC *Instructor:* Judy Curtis  
12/4 – 12/18 W 10:15 – 11:15 AM \$11/\$8/FREE 11860611  
1/8 – 1/29 W 10:15 – 11:15 AM \$16/\$13/FREE 11860612  
2/5 – 2/19 W 10:15 – 11:15 AM \$11/\$8/FREE 11860613

### Basic Piano

**Ages:** 55 yrs +  
Whether you are just beginning your piano journey and/or have been playing for a while, this class is for you. Class time is tailored to meet your personal needs and learning styles; teaching piano by ear and/or reading music. Students can choose supplemental pieces throughout the course; however, book and music selections will be determined on an individual basis.  
*Location:* MRC *Instructor:* Gail Hamilton  
1/10 – 1/31 F 10:00 – 11:00 AM \$30/\$24 11861511

### Chocolate & Canvas

**Ages:** 10 yrs +  
Participants follow along step-by-step to complete their own beautiful painting. We provide the supplies and walk you through each part of the painting process. Materials Fee: \$20 per class, payable to instructor. Projects: Dec. – Winter Holidays, Jan. – Blue Mountains, Feb. – All Things Valentines.  
*Location:* MRC  
12/18 W 6:00 – 8:00 PM \$13/\$10 11750611  
1/15 W 6:00 – 8:00 PM \$13/\$10 11750612  
2/12 W 6:00 – 8:00 PM \$13/\$10 11750613

### NEW Crochet Class

**Ages:** 16 yrs +  
Even if you've never held a hook before or don't know a slip knot from a single crochet, use this class to pick up basic techniques and tips. By the end of the class you will be ready to crochet in rows, which is all you need to make a scarf or even a simple blanket. Bring a J-hook and yarn to class.  
*Location:* MRC *Instructor:* Julie McCready  
12/14 – 12/28 Sa 9:30 – 11:30 AM \$41/\$33 11751011  
1/11 – 1/25 Sa 9:30 – 11:30 AM \$41/\$33 11751012  
2/8 – 2/22 Sa 9:30 – 11:30 AM \$41/\$33 11751013

### NEW Gemstone Bracelet

**Ages:** 12 yrs +  
Design class will go over the basics of design and color theory, along with tips for designing a beautiful bracelet. You will have fabulous gemstones to choose from to design your own bracelet. Learn basic stringing and closing techniques. Cost includes all materials to make the project, use of all tools and experts instruction. Material fee: \$35, payable to instructor.  
*Location:* MRC  
12/4 W 4:00 – 6:00 PM \$13/\$10 11751111

### Encaustics

**Ages:** 16 yrs +  
Learn to make your own greeting cards using an ancient Egyptian art form that involves heating colored wax with a small iron and applying it to a heavy glossy paper. You'll leave the class with 5 cards and an 8 x 10" picture. Material fee: \$25, payable to the instructor.  
*Location:* MRC *Instructor:* Camille Scott  
12/7 Sa 9:30 AM – 12:30 PM \$15/\$12 11760211  
1/22 W 9:30 AM – 12:30 PM \$15/\$12 11760212

### NEW Unusual Encaustics Uses

**Ages:** 16 yrs +  
This class will cover using Encaustics in a very different ways! You will see them made, have an opportunity to use the hotplate, and practice transferring the prints to fabric. Some of the other ways can be a Paper Mache Heart, wooden box or paper bookmarks.  
*Location:* MRC *Instructor:* Camille Scott  
2/22 Sa 9:30 AM – 12:30 PM \$15/\$12 11760213

### Creative Pottery

**Ages:** 16 yrs +  
Use different methods of hand-building and/or sculpting to create three pieces of art. Clay and glazes included. Open to all skill levels. Supply fee \$15 per 12 lbs. of clay used payable to instructor.  
*Location:* MRC *Instructor:* Michael McGrath  
12/3 – 1/14 Tu 1:00 – 3:00 PM \$60/\$55 11760411  
1/21 – 2/18 Tu 1:00 – 3:00 PM \$60/\$55 11760412

MRC = Malley Recreation Center

### Drawing Class

**Ages:** 16 yrs +  
Whether you like to paint, smatter, draw, or sketch, this class will bring out creativeness. Different mediums such as watercolors, acrylics, or pencils – pick your favorite and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new.  
*Location:* MRC *Instructor:* Eileen Hoffman  
12/5 – 1/16 Th 9:30 – 11:30 AM \$55/\$44 11761011  
1/23 – 2/20 Th 9:30 – 11:30 AM \$55/\$44 11761012  
12/5 – 1/16 Th 1:00 – 3:00 PM \$55/\$44 11760511  
1/23 – 2/20 Th 1:00 – 3:00 PM \$55/\$44 11760512  
No classes 12/26 and 1/2.

### NEW Oil Painting Master Techniques

**Ages:** 55 yrs +  
Learn some of the different techniques used by some of the Masters, such as Michelangelo, DaVinci, and others. Class supplies should be purchased by each student, prior to the 2nd week of class. Supply list will be provided by the instructor during the first week of class. Supplies shouldn't exceed \$75. Easels are available for student use.  
*Location:* MRC *Instructor:* Michael McGrath  
12/3 – 1/14 Tu 10:00 AM – NOON \$60/\$55 11760711  
1/21 – 2/18 Tu 10:00 AM – NOON \$60/\$55 11760712

### Candle Making

**Ages:** 10 yrs +  
Join Spread the Light Candles for a unique approach to candle making utilizing 100% recycled wax. You will make two custom colored and scented candles, a specialty shaped candle and a scented beeswax sachet. You can also bring any candle wax you have for recycling in exchanged or a free gift, (No glass). Material fee: \$25, payable to instructor.  
*Location:* MRC *Instructor:* Tirzah Washington  
12/11 W 4:00 – 6:00 PM \$13/\$10 11760811  
1/8 W 4:00 – 6:00 PM \$13/\$10 11760812  
2/19 W 4:00 – 6:00 PM \$13/\$10 11760813







# ENRICHMENT & EDUCATION

### The Will Maker – Legal Seminar

In a single sitting, you'll complete a simple will. You will also complete a living will, medical power of attorney, and financial power of attorney with the help of a licensed attorney. Fee includes all material, witnessing, notarizing, individual review and time for questions. Bring your ID and a snack. Cost \$100/payable to Rebecca Bennetti payable at the workshop.

Location: MRC		Instructor: Rebecca Bennetti		
12/5	Th	1:00 – 4:30 PM	\$15/\$12	11460311
1/7	Tu	1:00 – 4:30 PM	\$15/\$12	11460411
2/19	W	1:00 – 4:30 PM	\$15/\$12	11460511

### Bridge Lessons

Ages: 55 yrs +  
Take your Bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.

Location: MRC		Instructor: James Buck		
12/4 – 1/15	W	10:00 AM – NOON	\$50/\$40	11465011
1/22 – 2/19	W	10:00 AM – NOON	\$50/\$40	11465012

No classes 12/25 and 1/1.

### Español for Beginners

Ages: 55 yrs +  
Que paso! In this introductory Spanish class you will learn phrases and vocabulary. Practice pronunciation and have simple conversations with your classmates. Printed learning materials are provided.

Location: MRC		Instructor: Rissa Dickey		
1/7 – 2/11	Tu	9:00 – 10:00 AM	\$41/\$33	11465411

### Spanish, Next Level

Ages: 55 yrs +  
This next level class includes expanding your vocabulary with dialogue or conversation. We will review and work on the most commonly used verbs. As always, we will keep it fun, interactive and simple. Printed learning materials are provided.

Location: MRC		Instructor: Rissa Dickey		
1/7 – 2/11	Tu	10:00 – 11:00 AM	\$41/\$33	11465511

### Spanish III

Ages: 55 yrs +  
Bienvenidos! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation, and a variety of new vocabulary. A background in Spanish is recommended.

Location: MRC		Instructor: Jean Kunkel		
12/2 – 2/17	M	8:30 – 10:30 AM	\$68/\$56	11465611

No classes 12/23 and 12/30.

MRC = Malley Recreation Center



## FREE PROGRAMS!

Registration is required.

### Medicare 101

Making a decision can be hard! Attend this presentation and learn all your plan options and review the A, B, C and D's of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

Location: MRC		Instructor: Allen McGirl		
12/12	Th	1:30 – 3:30 PM	FREE	11460211
1/9	Th	1:30 – 3:30 PM	FREE	11460011
2/13	Th	6:00 – 8:00 PM	FREE	11460111

### Social Security

People often make mistakes when it comes to claiming benefits due to misinformation and a lack of understanding. In this session learn how to maximize benefits, when to start taking your benefits, spousal and survivor benefits, the impact of still working and the future of Social Security.

Location: MRC		Instructor: Randy Anderson		
1/30	Th	10:30 AM – NOON	FREE	11460611

### Has the Sitting Disease Stolen Youthful Vitality?

Did you know that between the ages 40 and 80 we lose between 30 – 50% of our muscle mass? Suddenly we find it more difficult to complete everyday activities like climbing stairs, putting groceries away, or participating in activities like hiking or biking. Learn what can be done to reverse Sarcopenia.

Location: MRC		Instructor: Diane Baer		
2/5	W	11:00 AM – 12:30 PM	FREE	11460711

### Communicating with Your Adult Children

Learn how to have hard, yet successful conversations with adult children and caregivers about the issues of aging and what your wishes and plans are. Complex family dynamics, blended families, and changing social norms impact both the choices we make how we communicate them. Join us for a poignant and candid conversation.

Location: MRC		Instructor: Kim Evans		
2/18	Tu	10:30 AM – NOON	FREE	11460911



### Preparing to Stay Put and Independent

Have you taken steps to equip yourself and your home for the long haul? Learn the pros and cons about aging-in-place. The expert will share some of the most effective strategies and resources available. Learn precautions you can take to remain in control of your choices and decisions.

Location: MRC		Instructor: Kim Evans		
1/21	Tu	10:30 AM – NOON	FREE	11461011

### Active Minds

Participate in this mind-stimulating program that delves into a current topic of interest in the world. Deepen your understanding and engage in thoughtful discussion of how the events have changed the world. You are guaranteed to leave with eye-opening insights and understanding! Active Minds is a Denver-based organization that provides instructor-lead educational seminars for seniors. Monthly topics are announced at the beginning of each month and determined upon what is happening in the world.

Location: MRC		Instructor: Active Minds Instructor		
12/20	F	10:00 – 11:00 AM	FREE	11467411
1/7	F	10:00 – 11:00 AM	FREE	11467412
2/21	F	10:00 – 11:00 AM	FREE	11467413

### AARP Driving Class

Ages: 55 yrs +  
This driving course is specially designed for motorists age 50 and older. The course helps refine existing skills and develop safe, defensive driving techniques. Upon successfully completing the course, you may be eligible to receive a discount on your auto insurance premium. Material fee: \$15 AARP members/\$20 non member payable to instructor, cash or check only. Call 303-762-2660.

Location: MRC				
1/9	Th	12:30 – 4:30 PM	FREE	11467511

### Losing Weight & Keeping it Off

Ages: 18+  
Say good-bye to dieting while achieving and maintaining your ideal weight. Identify the diet myths and what is wreaking havoc on your metabolism so you can experience lasting weight loss. Be at peace with your food and your body. End dieting forever!

Location: MRC		Instructor: Diane Baer, PT FM		
1/16	Th	4:00 – 6:00 PM	FREE	11460811





# ACTIVE KIDS

### Toddler and Me Dance

*Ages: 2 – 3 yrs*  
Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one who participates with the little dancer. Our teachers will keep the music and curriculum moving while parents take an active role in encouraging, supporting and keeping the little dancer on track.

### PeeWee Dance

*Ages: 2½ – 3 yrs*  
Peewee dance classes are focused on dance techniques, safety, fun, movement, coordination, and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while working on following directions and working well with others. Classes focus on dance fundamentals and technique which build up to the spring and winter seasons, which include a recital. Parents of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change.

Recitals during spring and winter season classes require a costume rental fee, which is usually \$15 for two costumes. This fee is in addition to the class participation fee.

### Youth Dance

*Ages: 6 – 8 yrs*  
Youth dance classes are designed to help your child become a well-rounded dancer in different styles of dance including tap, jazz, hip-hop, and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique.

### Toddler & Me Tumbling

*Ages: 18 – 36 mos*  
Does your tot need a place to explore, play, and let out some energy in a fun and safe environment? Register for this class that teaches you and your child simple tumbling skills while meeting new friends.

### Tumbling Tykes

*Ages: 3 – 5 yrs*  
Join this interactive class and young tumblers will enhance their balance, strength, and learn beginning tumbling skills. While this class is designed for children to take independently, parents are asked to remain in the building.

### Gymnast Jubilee

*Ages: 6 – 8 yrs*  
Kids will learn rolls, cartwheels, balance, all while having a blast and meeting new friends. While, this class is designed for children to take independently, parents are asked to remain in the building.



ACTIVE KIDS								
Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler and Me Dance	11820011	2 – 3 yrs	1/4 – 1/25	Sa	9:00 – 9:30 AM	ERC	\$16	\$13
	11820012	2 – 3 yrs	2/1 – 2/22	Sa	9:00 – 9:30 AM	ERC	\$16	\$13
PeeWee Dance	11820111	2½ – 3 yrs	1/8 – 2/26	W	4:00 – 4:30 PM	ERC	\$31	\$25
	11820112	2½ – 3 yrs	1/4 – 2/22	Sa	11:15 – 11:45 AM	ERC	\$31	\$25
	11820121	3 – 5 yrs	1/8 – 2/26	W	4:30 – 5:15 PM	ERC	\$36	\$29
	11820122	3 – 5 yrs	1/4 – 2/22	Sa	9:30 – 10:15 AM	ERC	\$36	\$29
	11820123	3 – 5 yrs	1/4 – 2/22	Sa	10:15 – 11:00 AM	ERC	\$36	\$29
Youth Dance	11820211	6 – 8 yrs	1/8 – 2/26	W	5:15 – 6:15 PM	ERC	\$41	\$33
	11820212	6 – 8 yrs	1/4 – 2/22	Sa	11:45 AM – 12:45 PM	ERC	\$41	\$33
	11820221	9+ yrs	1/8 – 2/26	W	6:15 – 7:15 PM	ERC	\$41	\$33
	11820222	9+ yrs	1/4 – 2/22	Sa	12:45 – 1:45 PM	ERC	\$41	\$33
Toddler & Me Tumbling	12310111	18 – 36 mos	1/4 – 1/25	Sa	8:30 – 9:00 AM	ERC	\$23	\$18
	12310112	18 – 36 mos	2/1 – 2/22	Sa	8:30 – 9:00 AM	ERC	\$23	\$18
	12310121	18 – 36 mos	1/4 – 1/25	Sa	9:00 – 9:30 AM	ERC	\$23	\$18
	12310122	18 – 36 mos	2/1 – 2/22	Sa	9:00 – 9:30 AM	ERC	\$23	\$18
Tumbling Tykes	12320211	3 – 5 yrs	1/4 – 1/25	Sa	9:30 – 10:15 AM	ERC	\$29	\$24
	12320212	3 – 5 yrs	2/1 – 2/22	Sa	9:30 – 10:15 AM	ERC	\$29	\$24
Gymnast Jubilee	12320311	6 – 8 yrs	1/4 – 1/25	Sa	10:15 – 11:00 AM	ERC	\$29	\$24
	12320312	6 – 8 yrs	2/1 – 2/22	Sa	10:15 – 11:00 AM	ERC	\$29	\$24



## PIRATE YOUTH SPORTS

Building community, tradition, and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

- BASEBALL • BASKETBALL • CHEERLEADING  
FOOTBALL • FLAG FOOTBALL • LACROSSE  
SOFTBALL • VOLLEYBALL • WRESTLING • SOCCER

Join our email list and register for all youth sports programs at [pirateyouthsports.com](http://pirateyouthsports.com). Contact us at [president@pirateyouthsports.com](mailto:president@pirateyouthsports.com) or 303-907-3667.



## MOUNTAIN ACADEMY MARTIAL ARTS

**TAEKWONDO CLASSES**  
Dynamic with Active Movement  
*Ages 6 & up*

**Sign Up Special! 6 week classes: \$60**

Class Times: M: 5:30 – 6:30 PM  
Th: 5:30 – 6:30 PM  
Sa: 10:30 – 11:30 AM

**Call 720-648-6262 to get started NOW!!!**





# ADULT & YOUTH ATHLETICS

City of Englewood offers Men’s and Women’s Adult Athletic Leagues. To register visit [teamsideline.com/englewoodrec](https://teamsideline.com/englewoodrec). If you have any questions regarding team registration, please call Sara Stant at 303-762-2694. Looking to join a team? Visit [teamsideline.com/englewoodrec](https://teamsideline.com/englewoodrec) and sign up as a Free Agent. Looking for a few more players to complete your team? Contact Sara about our Free Agents List.

### Men’s Adult Winter Basketball Leagues

**Ages 18+.**  
Recreational, Competitive, and Open Leagues  
**Nights:** Sunday – Recreation, Competitive; Monday – Open  
**Registration Begins:** 10/31/19  
**Deadline to Register:** 1/3/20  
**Leagues Begin:** 1/13/20  
**Team Fee:** \$460/\$425  
**Location:** Englewood Recreation Center  
**League Format:** 8 games + Tournament

### Adult Winter Volleyball Leagues

**Ages 16+.**  
Co-Rec, Men’s and Women’s Leagues  
**Nights:** Monday – Co-Rec, Tuesday – Co-Rec, Wednesday – Women’s, Thursday – Men’s  
**Registration Begins:** 10/31/19  
**Deadline to Register:** 1/3/20  
**Leagues Begin:** 1/13/20  
**Team Fee:** \$325/\$305  
**Location:** Englewood Recreation Center or Malley Recreation Center  
**League Format:** 10 weeks + Tournament

### PeeWee Athletic Classes

In these four-week-long sessions, you and your child will learn basic skills of the sport along with teamwork and sportsmanship. Parents can play an active role in the class. Wear comfortable clothes, closed-toed shoes, sunscreen and bring water. Be ready for a lot of fun!

YOUTH ATHLETICS								
Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee
Little Kickers Soccer	12331021	3 – 5 yrs	2/1 – 2/22	Sa	9:15 – 10:00 AM	ERC	\$55	\$45
Little Hoopsters Basketball	12331111	3 – 5 yrs	1/4 – 1/25	Sa	9:15 – 10:00 AM	ERC	\$55	\$45
Sport Sampler*	12331212	3 – 5 yrs	1/4 – 1/25	Sa	10:15 – 11:00 AM	ERC	\$55	\$45
	12331222	3 – 5 yrs	2/1 – 2/22	Sa	10:15 – 11:00 AM	ERC	\$55	\$45

\*Children learn a different sport each week including soccer, T-ball, flag football, and basketball. To register for the peewee athletic classes, go to [englewoodco.gov/register](https://englewoodco.gov/register) and click the Athletics tab.

### NEW Pickleball Beginner’s Camp

**Ages: 40 yrs +**  
Learn the basics of this fast-growing sport that combines the features of badminton, ping-pong, and tennis into the unique sport of pickleball. Practice skills and game strategies. Skill level beginners to intermediate. Equipment is provided.  
**Location:** ERC  
**1/13 – 2/17**    **M**    **2:30 – 4:00 PM**    **Instructor: Kate Shapland**    **\$52/\$42**    **12358011**

### NEW Pickleball Intermediate Clinic

**Ages: 40 yrs +**  
Break down skills, practice and put them into your game play immediately. Intermediate and higher skills.  
**Location:** ERC    **Instructor: Kate Shapland**  
**1/7**    **M**    **2:00 – 4:00 PM**    **\$12/\$10**    **12358111**

ERC = Englewood Recreation Center



# ADULT FITNESS

### Drop-In Rates

**Daily Group Fitness / Yoga Pass**    **\$10/\$8**  
Drop-in not available for Pilates Reformer, Tai Chi for Balance, or Group Personal Training Classes.

### ERC Drop-In Child Care

Conveniently located on site at the Englewood Recreation Center, the drop-in child care is a fun environment for children 6 months to 8 years while parents/guardians utilize the Recreation Center.  
**Hours:** M – Th: 4:30 – 8:00 PM, Sa: 8:00 AM – NOON  
**Fees:** \$6 for up to 2 hours of care. Discounted rate of \$5 for up to 2 hours for residents. Premier pass holders: Included.

### ERC Fitness Orientation

**Ages: 13 yrs +**  
Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to assure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center.

<b>Location:</b> ERC				
12/14	Sa	9:00 – 10:30 AM	FREE	12253511
1/7	Tu	5:30 – 7:00 PM	FREE	12253512
2/5	W	12:15 – 1:15 PM	FREE	12253513

### Personal Training

**Get inspired, boost your confidence, and accomplish your goals!**  
The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination, and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678. Each session is 60 minutes.

	Sessions	Fee	Res Fee
Private 60-minute sessions	3	\$154	\$123
	6	\$278	\$222
	10	\$425	\$340
Private 30-minute sessions	3	\$109	\$87
	6	\$210	\$168
	10	\$325	\$260

Small group sessions of 2 – 3 people are available. Please call the Personal Training line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance will result in loss of the session.*

### Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women’s health issues, and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

### THE ZONE AT ERC CLASS SCHEDULE

DAY	TIME	CLASS	
M	6:00 PM	Ultimate Fitness	
Tu	10:00 AM	FUNCTIONal FITness	
W	6:00 PM	Burn and Build	
Th	10:00 AM	Balance, Core and More	
F	7:30 AM	Sports Explosion	
Sa	9:00 AM	Ultimate Fitness	

Classes now in session! Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit [TetroPerformance.com/blog](https://tetropformance.com/blog) for class times and descriptions.

Service Provider for **The Zone** at the Englewood Recreation Center

# TETRO

PERFORMANCE

Only \$10 per class

BE DEFINED BY YOUR EFFORT

GROUP TRAINING CLASSES - BEGINNER/INTERMEDIATE/ADVANCED LEVELS  
MEDICINE BALL - BATTLE ROPES - KETTLEBELL/TRX - FUNCTIONAL TRAINING  
STRETCHING/FLEXIBILITY

**Additional services:**  
Personal Training, Online Training, Corporate Wellness, Concierge Service, Nutrition Counseling, Wellness Coaching, Active Older Adults (55+), Athletic Coaching

For class schedule and additional information go to [www.tetropformance.com/blog](https://www.tetropformance.com/blog)



ADULT FITNESS (continued)

TRX Boot Camp

Ages: 13 yrs +  
Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX Suspension Trainers will be incorporated into the workout.  
Location: ERC Instructor: Libby Butler

Zumba

Ages: 13 yrs +  
Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.  
Location: ERC Instructor: Lisa Pope

NEW Barre Sculpt

Ages: 13 yrs +  
Use the ballet barre, light weights, isometric exercises, and your body’s balance, to firm, lengthen, lift, and sculpt graceful arms, thighs, abs, and glutes. It’s gentle on the joints but gives powerful results.  
Location: MRC Instructor: Stacy Lochowicz

Walk for Power

Ages: 13 yrs +  
Intentional and powerful walking is a great way to burn calories while keeping one mobile. Join Exercise Physiologist and International Masters USATF Race Walker, Liz Shepard. This includes stretching and proper walking technique for fitness and if interested competition. Set your goal and challenge yourself in this unique experience. You should be able to walk one mile under 20 minutes.  
Location: ERC Instructor: Liz Shepard

Pop Pilates

Ages: 13 yrs +  
A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.  
Location: ERC Instructor: Lisa Pope

NEW Belly Dance Fitness

Ages: 13 yrs +  
Get a great core and aerobic fitness workout without even noticing! Explore the art of dance and movement through Belly Dance. Focus on body mechanics and core strength with fun and a twist. Learn technique and skills which will include props and musicality. No prior dance experience necessary.  
Location: ERC Instructor: Adina

Indoor Cycling

Ages: 13 yrs +  
Optimum fat burning awaits you on this journey which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment set-up and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.  
Location: ERC Instructors: TBA (Tuesday), Erica Krier (Wednesday) and Libby Butler (Thursday)

Essentrics

Ages: 13 yrs +  
A low impact, moving and stretching class with a full body workout. It is a combination of yoga, Pilates, Tai Chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.  
Location: ERC Instructor: Paulette Fara-Schembri

Zumba Toning

Ages: 13 yrs +  
Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core...and have fun!  
Location: ERC Instructor: Lisa Pope

Fit Body Express

Ages: 13 yrs +  
A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort – this class is for you!  
Location: ERC Instructor: Libby Butler

Fitness Fusion

Ages: 13 yrs +  
You will never get bored with this eclectic blend of exercises. TRX Suspension and Rip Training will be used along with BOSU balls, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.  
Location: ERC Instructor: Libby Butler

Retro Step

Ages: 13 yrs +  
Step up and back into the 90s. Bring step back into your life with fun moves and great music. Strengthen, tone and improve coordination.  
Location: ERC Instructor: Libby Butler

HIIT

Ages: 40 yrs +  
Get ready for an exciting workout. HIIT or High Intensity Interval Training offers brief bursts of intense exercise followed by periods of slower work. This is an effective way to help build muscle, regulate insulin, cut fat and increase heart function.  
Location: MRC Instructor: Kate Shapland



NEW STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 22.

ADULT FITNESS							
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
★ TRX Boot Camp	12250411	12/2 – 12/30	M	5:25 – 6:25 PM	ERC	\$26	\$21
	12250412	1/6 – 1/27	M	5:25 – 6:25 PM	ERC	\$22	\$17
	12250413	2/3 – 2/24	M	5:25 – 6:25 PM	ERC	\$22	\$17
★ Zumba	12250911	12/2 – 12/30	M	6:35 – 7:35 PM	ERC	\$26	\$21
	12250912	1/6 – 1/27	M	6:35 – 7:35 PM	ERC	\$22	\$17
	12250913	2/3 – 2/24	M	6:35 – 7:35 PM	ERC	\$22	\$17
★ Indoor Cycling	12250311	12/3 – 12/17	Tu	6:35 – 7:35 PM	ERC	\$16	\$13
	12250312	1/7 – 1/28	Tu	6:35 – 7:35 PM	ERC	\$22	\$17
	12250313	2/4 – 2/25	Tu	6:35 – 7:35 PM	ERC	\$22	\$17
★ Pop Pilates	12251111	12/3 – 12/17	Tu	5:30 – 6:30 PM	ERC	\$22	\$17
	12251112	1/7 – 1/28	Tu	5:30 – 6:30 PM	ERC	\$22	\$17
	12251113	2/4 – 2/25	Tu	5:30 – 6:30 PM	ERC	\$22	\$17
NEW ★ Belly Dance Fitness	12251711	12/3 – 12/17	Tu	6:30 – 7:30 PM	ERC	\$16	\$13
	12251712	1/7 – 1/28	Tu	6:30 – 7:30 PM	ERC	\$22	\$17
	12251713	2/4 – 2/25	Tu	6:30 – 7:30 PM	ERC	\$22	\$17
★ Indoor Cycling	12250321	12/4 – 12/18	W	5:30 – 6:30 PM	ERC	\$16	\$13
	12250322	1/8 – 1/29	W	5:30 – 6:30 PM	ERC	\$22	\$17
	12250323	2/5 – 2/26	W	5:30 – 6:30 PM	ERC	\$22	\$17
★ Essentrics	12251411	12/4 – 12/18	W	6:35 – 7:35 PM	ERC	\$19	\$16
	12251412	1/8 – 1/29	W	6:35 – 7:35 PM	ERC	\$26	\$22
	12251413	2/5 – 2/26	W	6:35 – 7:35 PM	ERC	\$38	\$27
★ Zumba Toning	12251611	12/4 – 12/18	W	5:30 – 6:30 PM	ERC	\$16	\$13
	12251612	1/8 – 1/29	W	5:30 – 6:30 PM	ERC	\$22	\$17
	12251613	2/5 – 2/26	W	5:30 – 6:30 PM	ERC	\$22	\$17
★ Indoor Cycling	12250331	12/5 – 12/26	Th	6:35 – 7:35 PM	ERC	\$22	\$17
	12250332	1/2 – 1/30	Th	6:35 – 7:35 PM	ERC	\$26	\$21
	12250333	2/6 – 2/27	Th	6:35 – 7:35 PM	ERC	\$22	\$17
★ Fit Body Express	12250811	12/5 – 12/26	Th	5:45 – 6:30 PM	ERC	\$22	\$17
	12250812	1/2 – 1/30	Th	5:45 – 6:30 PM	ERC	\$26	\$21
	12250813	2/6 – 2/27	Th	5:45 – 6:30 PM	ERC	\$22	\$17
★ Fitness Fusion	12250611	12/7 – 12/28	Sa	9:10 – 10:10 AM	ERC	\$22	\$17
	12250612	1/4 – 1/25	Sa	9:10 – 10:10 AM	ERC	\$22	\$17
	12250613	2/1 – 2/29	Sa	9:10 – 10:10 AM	ERC	\$26	\$21
★ Retro Step	12251911	12/7 – 12/28	Sa	8:05 – 9:05 AM	ERC	\$22	\$17
	12251912	1/4 – 1/25	Sa	8:05 – 9:05 AM	ERC	\$22	\$17
	12251913	2/1 – 2/29	Sa	8:05 – 9:05 AM	ERC	\$26	\$21
NEW Barre Sculpt	12251011	12/2 – 12/30	M	11:30 AM – 12:15 PM	MRC	\$46	\$37
	12251012	1/6 – 1/27	M	11:30 AM – 12:15 PM	MRC	\$37	\$30
	12251013	2/3 – 2/17	M	11:30 AM – 12:15 PM	MRC	\$28	\$22
Walk for Power	12251211	12/2 – 12/30	M	5:30 – 6:30 PM	ERC	\$70	\$55
	12251212	1/6 – 1/27	M	5:30 – 6:30 PM	ERC	\$22	\$17
	12251213	2/3 – 2/24	M	5:30 – 6:30 PM	ERC	\$22	\$17
HIIT	12260812	1/6 – 1/27	M	4:30 – 5:15 PM	ERC	\$22	\$17
	12260813	2/3 – 2/24	M	4:30 – 5:15 PM	ERC	\$22	\$17

\*No classes: 12/24, 12/25, 12/31, 1/1

ERC = Englewood Recreation Center, MRC = Malley Recreation Center







# ACTIVE ADULT FITNESS

All of the classes on this page are designed for ages 55 and older; there is space available for ages 18-54.

### Fitness Club

Ages: 55 yrs +  
Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises. SilverSneakers welcome.  
Location: MRC Instructor: Stacy Lochowicz, Claire Martin


### SilverSneakers Classic

Ages: 55 yrs +  
Increase strength and range of movement. Hand-held weights, elastic tubing with handles and a ball will be used. A chair is used for support. Class is open to all.  
Location: MRC Instructor: Stacy Lochowicz, Claire Martin  
Location: ERC Instructor: Catherine Glenn


### Beginning Weight Training

Ages: 55 yrs +  
A personal trainer will introduce you to the basics of weight training for one hour twice a week. They will also teach you to utilize the circuit and free-weight equipment safely and effectively. Receive one-on-one attention in a group setting.  
Location: MRC Instructor: Marty Grims


### Continuing Weight Training

Ages: 55 yrs +  
This self-guided class allows you to work out in the weight room with access to a personal trainer between 8:15 – 10:30 AM, M – Th. Prerequisite: Three months of Beginning Weight Training or fitness staff approval. SilverSneakers members use the special number listed to register in person, and swipe your card each time you come in. All others, please use the class number to register.  
Location: MRC Instructor: Marty Grims


### Total Body Fitness

Ages: 55 yrs +  
Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers welcome.  
Location: MRC Instructor: Doug Smith


### Step Smart

Ages: 55 yrs +  
Focus on walking basics through motion and body awareness. Students learn to improve their gait, posture and balance in a safe and fun community atmosphere. Liz is B.Sc., Certified Exercise Physiologist and International masters USATF Race Walker.  
Location: ERC Instructor: Liz Shepard


### Walk for Fitness

Ages: 40 yrs +  
Intentional and powerful walking is a great way to burn calories while keeping one mobile. Join Exercise Physiologist and International Masters USATF Race Walker, Liz Shepard. This includes stretching and proper walking technique for fitness and if interested competition. Set your goal and challenge yourself in this unique experience. You should be able to walk one mile under 20 minutes.  
Location: ERC Instructor: Liz Shepard

### Parkinson's & MS Fitness

Ages: 55 yrs +  
This class incorporates exercises targeting deficits specific to people with Parkinson's Disease or multiple sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe warm-up, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous, and new participants can join at any time.  
Location: MRC Instructor: Claire Martin

### Malley Fitness Orientation

Ages: 55 yrs +  
If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.  
Location: MRC Instructor: Cathy Rupert

12/4	W	11:00 AM – NOON	FREE	12263511
1/4	Sa	9:30 – 10:30 AM	FREE	12263512
2/3	M	11:00 AM – NOON	FREE	12263513

### Wellness Insurance Programs =

**NEW** STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 22.

## ACTIVE ADULT FITNESS

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
★ Fitness Club	12260111	12/2 – 12/30	M, W	9:00 – 10:00 AM	MRC	\$26	\$21
	12260112	1/6 – 1/29	M, W	9:00 – 10:00 AM	MRC	\$26	\$21
	12260113	2/3 – 2/19	M, W	9:00 – 10:00 AM	MRC	\$20	\$16
★ SilverSneakers Classic	12261011	12/2 – 12/30	M, W	10:15 – 11:15 AM	MRC	\$24	\$19
	12261012	1/6 – 1/29	M, W	10:15 – 11:15 AM	MRC	\$25	\$20
	12261013	2/3 – 2/19	M, W	10:15 – 11:15 AM	MRC	\$19	\$15
★ Total Body Fitness	12260511	12/3 – 12/31	Tu, Th	8:30 – 9:30 AM	MRC	\$33	\$26
	12260512	1/2 – 1/30	Tu, Th	8:30 – 9:30 AM	MRC	\$33	\$26
	12260513	2/4 – 2/20	Tu, Th	8:30 – 9:30 AM	MRC	\$19	\$15
	12260515	12/3 – 12/31	Tu, Th	9:45 – 10:45 AM	MRC	\$33	\$26
	12260516	1/2 – 1/30	Tu, Th	9:45 – 10:45 AM	MRC	\$33	\$26
	12260517	2/4 – 2/20	Tu, Th	9:45 – 10:45 AM	MRC	\$33	\$26
★ SilverSneakers Classic	12261111	12/3 – 12/31*	Tu, Th	9:45 – 10:45 AM	ERC	\$26	\$21
	12261112	1/2 – 1/30	Tu, Th	9:45 – 10:45 AM	ERC	\$30	\$24
	12261113	2/4 – 2/27	Tu, Th	9:45 – 10:45 AM	ERC	\$26	\$21
★ Parkinson's & MS Fitness	12260911	12/7 – 12/28	Sa	10:45 AM – NOON	MRC	\$16	\$13
	12260912	1/4 – 1/25	Sa	10:45 AM – NOON	MRC	\$16	\$13
	12260913	2/1 – 2/22	Sa	10:45 AM – NOON	MRC	\$16	\$13
Beginning Weight Training	12263211	12/2 – 12/30	M, W	9:00 – 10:00 AM	MRC	\$29	\$23
	12263212	1/6 – 1/29	M, W	9:00 – 10:00 AM	MRC	\$29	\$23
	12263213	2/3 – 2/19	M, W	9:00 – 10:00 AM	MRC	\$21	\$17
Continuing Weight Training	12263311	12/3 – 12/31*	M – Th	8:15 – 10:30 AM	MRC	\$33	\$26
	12263312	1/2 – 1/30	M – Th	8:15 – 10:30 AM	MRC	\$33	\$26
	12263313	2/3 – 2/20	M – Th	8:15 – 10:30 AM	MRC	\$33	\$26
Beginning Weight Training	12263231	12/3 – 12/31	Tu, Th	8:30 – 9:30 AM	MRC	\$32	\$26
	12263232	1/2 – 1/30	Tu, Th	8:30 – 9:30 AM	MRC	\$32	\$26
	12263233	2/4 – 2/20	Tu, Th	8:30 – 9:30 AM	MRC	\$21	\$17
Step Smart	12260311	12/4 – 12/18	W	8:00 – 8:45 AM	ERC	\$26	\$21
	12260312	1/8 – 1/29	W	8:00 – 8:45 AM	ERC	\$22	\$17
	12260313	2/5 – 2/26	W	8:00 – 8:45 AM	ERC	\$22	\$17
Walk for Fitness	12260711	12/4 – 12/18	W	9:00 – 10:00 AM	ERC	\$16	\$13
	12260712	1/8 – 1/29	W	9:00 – 10:00 AM	ERC	\$22	\$17
	12260713	2/5 – 2/26	W	9:00 – 10:00 AM	ERC	\$22	\$17

THESE CLASSES ARE NOT INCLUDED IN THE PREMIER ANNUAL PASS.


\*No classes 12/24, 12/25, 12/31, 1/1


ERC = Englewood Recreation Center, MRC = Malley Recreation Center





GENTLE YOGA AND TAI CHI

**Yoga Light**   
Ages: 55 yrs +  
For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down and up from the floor.  
Location: MRC

**Chair Yoga**   
Ages: 55 yrs +  
Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.  
Location: ERC Instructor: Catherine Glenn

**Beginning Tai Chi for Better Balance**  
Ages: 55 yrs +  
Improve your balance while enhancing your agility and coordination with Tai Chi based movements. The class format and design have been acknowledged as one of the few evidence based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control.  
Location: MRC Instructor: Patty Vogt

**Advanced Tai Chi for Better Balance**  
Ages: 55 yrs +  
Improve your balance while enhancing your agility and coordination with Tai Chi based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Advanced class participation must be approved by the instructor.  
Location: MRC Instructor: Patty Vogt

**Therapeutic Tai Chi**  
Ages: 55 yrs +  
Better manage chronic health conditions better and improve overall well-being based on a variety of true evidence based Tai Chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, improve posture and balance while integrating the mind, body, and spirit.  
Location: MRC Instructor: Phred Hall

ACTIVE YOGA AND TAI CHI

**Tai Chi Yoga Fusion**  
Ages: 16 yrs +  
Blending the best of both ancient arts, your practice will be filled with gently, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more.  
Location: MRC Instructor: Erin Mathiason

**Yoga Energize**  
Ages: 16 yrs +  
Start your day energized, without the caffeine jitters. This combination of hatha and vinyasa moves will leave you stretched, focused and balanced for the day ahead.  
Location: ERC Instructor: Erin Mathiason

**Foundations Yoga**  
Ages: 13 yrs +  
Learn the basic Yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous Yoga experience.  
Location: ERC Instructor: Roseanna Frechette

**Hatha Yoga**  
Increase flexibility, build strength, calm the mind, and open the heart with hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-levels class.  
Location: MRC Instructor: Erin Mathiason

**NEW Flow & Restore Yoga**  
Ages: 13 yrs +  
Practice a variety of poses and breathing techniques. Improve strength, flexibility and reduce stress. Alignment of the body in a sequence of poses linked together by the breath make this vinyasa yoga class an energizing and uplifting choice. Restorative postures and massage ball techniques for Myofascial release will be included. Some yoga experience recommended, but not required.  
Location: ERC Instructor: Meghan Sposato

**Core Yoga**  
Ages: 13 yrs +  
Improve flexibility, balance and strength, especially in the core to protect the back. Modifications and props available. Appropriate for beginner to intermediate.  
Location: MRC Instructor: Stephanie Turner

GENTLE YOGA & TAI CHI							
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Beginning Tai Chi for Better Balance	12255311	12/3 – 2/20*	Tu, Th	2:15 – 3:15 PM	MRC	\$94	\$75
Advanced Tai Chi for Better Balance	12255411	12/3 – 2/20*	Tu, Th	1:15 – 2:15 PM	MRC	\$94	\$75
Yoga Light 	12258211	12/3 – 12/27*	Tu, F	8:45 – 10:00 AM	MRC	\$39	\$31
	12258212	1/3 – 1/31	Tu, F	8:45 – 10:00 AM	MRC	\$49	\$40
	12258213	2/1 – 2/26	Tu, F	8:45 – 10:00 AM	MRC	\$32	\$26
Chair Yoga 	12258311	12/3 – 12/31*	Tu, Th	11:00 AM – NOON	ERC	\$42	\$33
	12258312	1/2 – 1/30	Tu, Th	11:00 AM – NOON	ERC	\$47	\$37
	12258313	2/4 – 2/27	Tu, Th	11:00 AM – NOON	ERC	\$42	\$33
Therapeutic Tai Chi	12255111	12/5 – 12/26	Th	10:00 – 11:00 AM	MRC	\$31	\$25
	12255112	1/16 – 1/30	Th	10:00 – 11:00 AM	MRC	\$31	\$25
	12255113	2/6 – 2/20	Th	10:00 – 11:00 AM	MRC	\$31	\$25
Chair Yoga 	12258321	12/6 – 12/27	F	8:30 – 9:30 AM	MRC	\$21	\$17
	12258322	1/3 – 1/31	F	8:30 – 9:30 AM	MRC	\$26	\$21
	12258323	2/7 – 2/21	F	8:30 – 9:30 AM	MRC	\$16	\$13

ACTIVE YOGA & TAI CHI							
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Tai Chi Yoga Fusion	12255511	12/2 – 12/30	M	4:00 – 5:00 PM	MRC	\$26	\$21
	12255512	1/6 – 1/27	M	4:00 – 5:00 PM	MRC	\$22	\$17
	12255513	2/3 – 2/17	M	4:00 – 5:00 PM	MRC	\$16	\$13
Yoga Energize	12258011	12/2 – 12/30	M	7:00 – 8:00 AM	ERC	\$50	\$40
	12258012	1/6 – 1/27	M	7:00 – 8:00 AM	ERC	\$39	\$31
	12258013	2/3 – 2/24	M	7:00 – 8:00 AM	ERC	\$39	\$31
Foundations Yoga	12256211	12/4 – 12/18	W	6:45 – 8:00 PM	ERC	\$25	\$21
	12256212	1/8 – 1/29	W	6:45 – 8:00 PM	ERC	\$34	\$27
	12256213	2/5 – 2/26	W	6:45 – 8:00 PM	ERC	\$34	\$27
Hatha Yoga	12256911	12/4 – 12/18	W	4:00 – 5:00 PM	MRC	\$23	\$19
	12256912	1/8 – 1/29	W	4:00 – 5:00 PM	MRC	\$31	\$25
	12256913	2/5 – 2/19	W	4:00 – 5:00 PM	MRC	\$23	\$19
NEW Flow & Restore Yoga	12257012	1/2 – 1/30	Th	6:35 – 7:35 PM	ERC	\$40	\$31
	12257013	2/6 – 2/27	Th	6:35 – 7:35 PM	ERC	\$31	\$25
Core Yoga	12257111	12/7 – 12/28	Sa	9:15 – 10:30 AM	MRC	\$34	\$27
	12257112	1/4 – 1/25	Sa	9:15 – 10:30 AM	MRC	\$34	\$27
	12257113	2/1 – 2/22	Sa	9:15 – 10:30 AM	MRC	\$34	\$27

\*No classes 12/24, 12/25, 12/31, 1/1  
ERC = Englewood Recreation Center, MRC = Malley Recreation Center

Wellness Insurance Programs = 





# PILATES

### Step One: Essential Pilates Orientation

*Ages: 16 yrs +*  
Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance.

### Step Two: Pilates Reformer Principals

*Ages: 16 yrs +*  
In these two private sessions learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into Beginning Pilates Reformer class and as an extra benefit receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.

### Step Three: Beginning Pilates Reformer

*Ages: 16 yrs +*  
Beginning Pilates Reformer will start you on your Pilates road to success. Beginning Pilates Reformer is designed for those who have taken at least two sessions of Essential Pilates Principles or instructor’s permission.

### Step Four: Continuing Pilates Reformer

*Ages: 16 yrs +*  
Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or instructor’s permission.

### Pilates Personal Training

Perfect for: beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes wanting to improve performance, and individuals in post-rehab following an injury. Each session is 60 minutes. To schedule, call 303-762-2678. Your call will be returned within two business days. Yoga Personal Training also available.

Private: One-on-One		
Fee	1 Session	\$59
	3 Sessions	\$163
	6 Sessions	\$300
Res. Fee	1 Session	\$47
	3 Sessions	\$130
	6 Sessions	\$240

Small group sessions of 2 – 3 people are available. Please call the Personal Training line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.*



PILATES								
Class	Activity #	Dates	Days	Time	Instructor	Location	Fee	Res Fee
STEP ONE Essential Pilates Orientation	12254111	12/3	Tu	2:30 – 3:30 PM	Catherine G.	MRC	FREE	
	12254112	12/4	W	7:10 – 8:10 PM	Michael M.	MRC	FREE	
	12254113	1/3	F	1:00 – 2:00 PM	Catherine G.	MRC	FREE	
	12254114	1/8	W	7:10 – 8:10 PM	Michael M.	MRC	FREE	
	12254115	2/4	Tu	2:30 – 3:30 PM	Catherine G.	MRC	FREE	
	12254116	2/5	W	7:10 – 8:10 PM	Michael M.	MRC	FREE	
STEP TWO Pilates Reformer Principals	12254211	12/2 – 2/21	M – F	8:15 AM – 7:15 PM		MRC	\$86	\$69
STEP THREE Beginning Pilates Reformer	12254311	12/4 – 12/18	W	6:05 – 7:05 PM	Michael M.	MRC	\$49	\$39
	12254312	1/8 – 1/29	W	6:05 – 7:05 PM	Michael M.	MRC	\$64	\$51
	12254313	2/5 – 2/19	W	6:05 – 7:05 PM	Michael M.	MRC	\$49	\$39
	12254321	12/6 – 12/27	F	9:40 – 10:40 AM	Catherine G.	MRC	\$64	\$51
	12254322	1/3 – 1/31	F	9:40 – 10:40 AM	Catherine G.	MRC	\$80	\$64
	12254323	2/7 – 2/21	F	9:40 – 10:40 AM	Catherine G.	MRC	\$49	\$39
	12254331	12/6 – 12/27	F	11:50 AM – 12:50 PM	Catherine G.	MRC	\$64	\$51
	12254332	1/3 – 1/31	F	11:50 AM – 12:50 PM	Catherine G.	MRC	\$80	\$64
	12254333	2/7 – 2/21	F	11:50 AM – 12:50 PM	Catherine G.	MRC	\$49	\$39
	12254341	12/3 – 12/17	Tu	1:20 – 2:20 PM	Catherine G.	MRC	\$49	\$39
	12254342	1/7 – 1/28	Tu	1:20 – 2:20 PM	Catherine G.	MRC	\$64	\$51
	12254343	2/4 – 2/18	Tu	1:20 – 2:20 PM	Catherine G.	MRC	\$49	\$39
	12254411	12/2 – 12/30	M	9:00 – 10:00 AM	Catherine G.	MRC	\$80	\$64
	12254412	1/6 – 1/27	M	9:00 – 10:00 AM	Catherine G.	MRC	\$64	\$51
	12254413	2/3 – 2/17	M	9:00 – 10:00 AM	Catherine G.	MRC	\$49	\$39
STEP FOUR Continuing Pilates Reformer	12254421	12/2 – 12/30	M	5:00 – 6:00 PM	Michael M.	MRC	\$80	\$64
	12254422	1/6 – 1/27	M	5:00 – 6:00 PM	Michael M.	MRC	\$64	\$51
	12254423	2/3 – 2/17	M	5:00 – 6:00 PM	Michael M.	MRC	\$49	\$39
	12254431	12/2 – 12/30	M	6:05 – 7:05 PM	Michael M.	MRC	\$80	\$64
	12254432	1/6 – 1/27	M	6:05 – 7:05 PM	Michael M.	MRC	\$64	\$51
	12254433	2/3 – 2/17	M	6:05 – 7:05 PM	Michael M.	MRC	\$49	\$39
	12254441	12/3 – 12/17	Tu	12:15 – 1:15 PM	Catherine G.	MRC	\$49	\$39
	12254442	1/7 – 1/28	Tu	12:15 – 1:15 PM	Catherine G.	MRC	\$64	\$51
	12254443	2/4 – 2/18	Tu	12:15 – 1:15 PM	Catherine G.	MRC	\$49	\$39
	12254451	12/4 – 12/18	W	5:00 – 6:00 PM	Michael M.	MRC	\$49	\$39
	12254452	1/8 – 1/29	W	5:00 – 6:00 PM	Michael M.	MRC	\$64	\$51
	12254453	2/5 – 2/19	W	5:00 – 6:00 PM	Michael M.	MRC	\$49	\$39
	12254461	12/6 – 12/27	F	10:45 – 11:45 AM	Michael M.	MRC	\$64	\$51
	12254462	1/3 – 1/31	F	10:45 – 11:45 AM	Catherine G.	MRC	\$80	\$64
	12254463	2/7 – 2/21	F	10:45 – 11:45 AM	Catherine G.	MRC	\$49	\$39

MRC = Malley Recreation Center





Excursion fees include escort, transportation, tour, admission tickets unless otherwise stated. Restaurant meals and snacks/treats are on our own, unless otherwise stated. For outdoor excursions bring closed-toed shoes, jacket, hat, sunscreen and bottled water.

Excursions Refund and Transfers

Excursion cancellations or transfers will be refunded less a \$5 administrative fee. NO refunds are granted if you miss the trip due to being late, not showing or canceling within 5 business days prior to trip. There are NO refunds given after listed Early Cancellation Dates.

DECEMBER

Hammond Candy and Lauer-Krauts – Denver

Ever wonder how lollipops and candy canes are made? Bring your curiosity and sweet tooth for this factory tour. Watch as your favorite treats are pulled, twisted, shaped and packaged by hand, just like they have since 1920. Afterwards we'll head to Brighton for a fun lunch at Lauer-Krauts. Specializing in homemade German-Russian pastry pocket filled krautburgers.

12/2 M 10:00 AM – 2:15 PM \$17/\$14 12060111

Festival of Trees – Greeley

Joining the Silver Bells Social event, walk through the winter wonderland of trees by local businesses and organizations at the indoor Festival of Trees. Live entertainment, a holiday movie, snacks, cookies and caroling sing-along all included in the fun morning. Lunch will be at a downtown restaurant of your choice.

12/4 W 7:45 AM – 4:30 PM \$31/\$25 12060211

Georgetown Loop Railroad – Santa’s Lighted Forest

Travel through the snow-covered mountains and forest in an enclosed heated coach as you enjoy a beautiful light show set to synchronized holiday music. Cheese, crackers, dessert, chocolate and an ornament are included. Let your worries drift away during this magical experience. Dinner and shopping in Georgetown on your own beforehand.

12/5 Th 2:30 – 8:45 PM \$88/\$73 12060611

Black Hawk and Central City

Black Hawk or Central City. Bus will drop you off and pick you up in the heart of it all. You may choose to visit your favorite casino, visit historic sites, or enjoy the mountain air. Activities are on your own. Fee includes escort and transportation.

12/9 M 9:00 AM – 3:00 PM \$17/\$14 12060311  
1/13 M 9:00 AM – 3:00 PM \$17/\$14 12060411  
2/10 M 9:00 AM – 3:00 PM \$17/\$14 12060511

Holiday Lights – RTD

Sit back and take in this tradition of viewing some of Denver’s most popular holiday light attractions in the warmth of an RTD bus. On the tour will be the State Capital, Denver Zoo and other landmarks. Be sure to have dinner prior to this excursion and dress warmly. Cancellation deadline: 11/28

12/10 Tu 5:00 – 9:00 PM \$13/\$11 12060711

Christmas at the Gaylord Rockies – Aurora

With more than two million holiday lights and acres of magnificent decorations, you will get in the holiday spirit no doubt. Wander through the ice display and be amazed by the two-story ice slides and larger-than-life ice sculptures that tells the story of Rudolph the Red-Nosed Reindeer. Other activities and viewing this new resort is in store. Lunch on site at one of the resort’s restaurants.

12/12 Th 12:15 – 5:15 PM \$48/\$39 12060811

Carols by Candlelight – Arvada

A unique surround-sound presentation of holiday pageantry and wonder by Voices West. This concert features their signature candle-lighting vignette. Inspirational readings and poetry will be interwoven with glorious seasonal music. There will be an opportunity to join in the singing of traditional carols.

12/15 Su 10:45 AM – 6:00 PM \$30/\$24 12060911

Chocolate Lab – Denver

It’s National Chocolate Covered Anything Day, so where else should we go than to the Lab where chocolate plays the starring role? Enjoy lunch and dessert: triple truffle pie, krumkake or chocolate custard. Stop by the shop and don’t leave without some truffles, toffee or chocolate sauce.

12/16 M 11:30 AM – 1:45 PM \$11/\$9 12061011

A Christmas Carol, the Musical – Arvada Center – RTD

Charles Dickens’ classic tale take us on a journey to the past, present and future. With music by Alan Menken and lyrics by Lyn Ahrens, this musical version of the curmudgeonly Ebenezer Scrooge’s life and ultimate redemption in the perfect holiday tradition. Lunch included. Cancellation deadline: 12/4.

12/18 W 10:30 AM – 4:30 PM \$78/\$63 12061111

JANUARY

NOAA Earth Systems Research Lab – Boulder

Does weather and forecasting interest you? Inside the David Skaggs Research Center is where scientist research the atmospheric and dynamic processes that affect air quality, weather and climate variability. This agency focuses on the physical, chemical and biological conditions of the oceans, major waterways, and the atmosphere to improve predictions of the Earth’s behavior from minutes to millennia on local and global scales. Bring your Photo ID. Lunch on Pearl Street, your choice.

1/7 Tu 8:30 AM – 3:45 PM \$23/\$18 12061211

Holiday Inn – Candlelight Dinner Theater – Johnstown

Irving Berlin’s *Holiday Inn* tells the story of Jim, who leaves show business behind to settle down on his farmhouse – but life just isn’t the same without song and dance. Jim’s luck takes a turn when he meets Linda, a teacher with talent to spare. Together they turn the farmhouse into an inn to celebrate each holiday. Based on the classic film, this joyous musical features thrilling dance, laugh-out-loud comedy and a parade of hit songs, including “Blue Skies”, “Heat Wave”, and “White Christmas”. Dinner, beverage, tax, gratuity and show included.

1/12 Su 10:30 AM – 5:30 PM \$94/\$75 12061411

Buffalo Bill’s Museum and Grave – Golden

This day will be learning all about the infamous Buffalo Bill’s life from 1846 – 1917! See his and his wife Louisa’s grave, his acting career and his influence on American culture. Bring a camera for the panoramic mountain views on the observation deck, have lunch in the Pahaska Tepee Cafe and shop at the extensive gift shop.

1/16 Th 10:00 AM – 2:00 PM \$21/\$17 12061311

Downtown Aquarium – Denver

Mermaids, Sharks and Sea Creatures Oh My! We are thinking tropical today. The aquarium houses over 500 species of fish and animals. Enjoy the interactive Stingray Reef touch tank and gift shop. Lunch at the Aquarium Restaurant next to the 50,000-gallon tank with more than a 100 species of tropical fish swimming by.

1/22 W 11:30 AM – 3:45 PM \$45/\$36 12061511



Suburbs Southwest – Denver History Tours

Though the trains once joined the northwest suburbs, for many years the area to the southwest of the city was removed from the city’s psyche. Eventually, the metropolitan area would march to the foothills, binding together the isolated histories of what had once been farms under mountains of stone. From Red Rocks Amphitheater, across Littleton, Lakewood, Morrison and more, explore the history of Denver’s southwest. You will be surprised what secrets have settled down during this march to the mountains! Lunch restaurant to be determined.

1/24 F 10:00 AM – 3:00 PM \$41/\$33 12061611

Snow Sculptures – Breckenridge

Teams from around the world descend on Breckenridge to hand-carve 25-ton blocks of snow into enormous works of art. Artists are only allowed to use hand tools, creativity, and inspiration to bring their ideas to life and create a temporary outdoor art gallery in historic downtown. There’s time to shop and have lunch at a restaurant of your choice. (Snow date: 1/28)

1/27 M 8:30 AM – 4:30 PM \$30/\$24 12061711

Old Colorado City – Colorado Springs

Founded in 1859, this National Historic District has it all with over 100 unique shops and business. We will visit the Wild West Ghost Town Museum, Simpich Character Dolls Gallery and the Michael Garman’s Magic Town, a 3,000-sq.-ft. sculptural theater. There will be time to stroll around on your own and have lunch at a restaurant of your choice.

1/29 W 9:00 AM – 5:00 PM \$35/\$29 12061911





FEBRUARY

Colorado State Capital Tour

Designed by Elijah E. Meyers from 1886 to 1901, this building houses the Senate, House of Representatives, Office of Governor and Department of Treasury. Colorado's unique heritage is seen in the exterior walls of granite quarried near Gunnison, the pink stone inside is rose onyx from Beulah and floors are of yule marble from Marble. Learn more about building, the work of our General Assembly, and our unique Colorado heritage. Each floor has art and memorials to enjoy. Lunch will be at the Punch Bowl.

2/3 M 11:30 AM – 4:00 PM \$15/\$12 12061811

LaZyB Acres – Bennett

Alpacas need love in the winter! So we are heading east. Established in 1998, LaZyB Acres specializes in fine fleece huacaya alpacas, and are fiber producers and breeders. The herd is currently 53 huacaya males and females, goats and angora rabbits for their fleece, which can blend their fiber with the alpaca fleeces. Check out the farm store with raw fleeces, roving, yarns and finished products (socks, hats, gloves, scarfs and rugs). Lunch at the Front Range Airport's Aviator in Watkins.

2/5 W 9:00 AM – 3:00 PM \$21/\$17 12062011

Loveland Museum Gallery and Downtown

This accredited art and history museum that was founded in 1937 by local author, collector, curator, and mountain guide Harold Dunning. Dunning began collecting pioneer artifacts and stories in 1919, and today, the museum is home to a variety of history exhibits and hosts world-class art exhibitions. Current exhibits include: Papel Chicano Dos and Josiah Lee Lopez. We'll make a stop at the infamous Loveland Post Office, bring any cards that you would like to send with the special "LOVE" stamp. Lunch in downtown at a restaurant of your choice.

2/7 F 9:00 AM – 4:00 PM \$35/\$29 12062111

Rocky Mountain Quilt Museum – Golden

Enjoy a Wine and Cheese Soiree as you view modern quilts to old time historical quilts during a docent-lead tour. You will explore the gallery devoted to all things quilting with fascinating displays, a gift shop and library. This little museum will not disappoint. Wine and cheese are included.

2/12 W 12:30 – 3:45 PM \$32/\$26 12062211



Stranahan's Colorado Whiskey and Lechuga Italian

Let's find out just how this small batch American single malt whiskey operation started! See the copper equipment and learn the process of how just four ingredients make these delicious whiskeys. We'll finish with three tastings. Lunch at Lechuga's, famous for stuffed meat cannolis.

2/14 F 11:30 AM – 3:30 PM \$30/\$24 12062311

Sleigh Ride – Winter Park

With Sombrero Stables you will take a horse-drawn sleigh ride through snow-covered meadows and winter forests. Enjoy a crackling campfire, hot chocolate and marshmallows for your toasting pleasure. Pet the horses, make a snow angel and maybe even see wildlife. A brunch stop will be on the way.

2/19 W 9:30 AM – 5:30 PM \$87/\$70 12062411

Brown Palace Historical Tour

Take a guided tour of this elegant, distinguished and beloved hotel that has been open every day since 1892. Listen to the rich history of the presidents who stayed there, the ghosts that remain and other fascinating facts. Lunch at the hotel's Ellyngton's afterwards, (Range \$13 – \$26).

2/20 Th 9:45 AM – 2:15 PM \$42/\$33 12062511

Union Station Tour – Denver

The Crawford Hotel tour will showcase the beautiful Union Station's history, art, transportation, restaurants, retail and the hotel's luxury guest room. The tour ends with a beverage of your choice at the Terminal Bar. Lunch at Union Station or a surrounding restaurant of your choice beforehand.

2/24 M 10:45 AM – 3:30 PM \$27/\$22 12062611

Argo Gold Mill and Tunnel Tour – Idaho Springs

Get a bird's eye view of the 5-story mill's history through viewing a movie, a demonstration of the mining equipment and walking into the Double Eagle, their ore mine. You will see the myriad of artifacts left in place from the Rocky Mountain Gold Rush Era. Plus, the museum room is stock full of antique photos. The tour ends in the panning yard where you can try finding real gold ore. No elevator, five flights of stairs. Lunch at the infamous Beau Jo's Pizza.

2/27 Th 9:00 AM – 2:30 PM \$47/\$38 12062711

EXTENDED TRAVEL

For information on these and more exciting getaways, pick up flyers at Malley Recreation Center.

PREMIER WORLD DISCOVERY IN 2020

- February – Costa Rica Adventure
- June – Black Hills, Badlands and Legends of the West
- September – Branson, Memphis and Nashville
- October – Athens and the Greek Islands



AMERICAN INTERNATIONAL TRAVEL AND TOURS 2020

- February – Sightseeing in Seattle
- March – Cuba and The Caribbean Cruise
- April – Mexico Sea of Cortez In-depth Voyage Cruise
- April – Alaska Explorer Cruise
- May – The Romantic Rhine River Cruise (Amsterdam to Switzerland)



PERFECT TIME TOURS 2020

- April – Southern Charm Tour
- May – Tulip Festival, Mackinac Island







## SPECIAL EVENTS

### Giving Tree

Pick-up Gift Request Ornament starting Saturday, 11/2

Return gifts by Monday, 12/9

Giving is a wonderful feeling, so please join us in giving to seniors in the south metro area through Integrated Family Community Services. Take an "Ornament Request" from the Giving Tree in the Malley Lobby and return the nicely wrapped gift (new items only) to the front desk by Monday, 12/9.

Location: MRC



### Santa Calling

Monday, 12/16, 5:30 – 7:30 PM

The North Pole Operator connects your child with a special call from Santa this holiday season. Calling times are limited, so plan to have your child available during calling hours. To register your youngster, complete a Santa Calling Form and return it to any of the listed locations.

You may also mail forms directly to the Englewood Recreation Center marked attention "Santa Calling". Mailed-in form must be received by 12/12.

Forms available at: Englewood Recreation Center, Malley Recreation Center, Englewood Library or on [www.engagewoodco.gov](http://www.engagewoodco.gov).

### Guest Speaker, Mary Archer

"Ageless Outings"

Thursday, 12/5 • 10:30 AM

Tickets \$6

Beautiful and active Colorado has a lot to offer and there may be some secret gems that you may not be aware of. Author Mary Archer will present ideas for museums, art galleries, nature centers and outdoor gardens to visit within a two-hour drive of Denver.

Location: MRC



### Guest Speaker, Dr. Jerry Galloway

The Moon... History, Features and Exploration

Wednesday, 1/15 • 1:30 PM • Tickets \$6

This presentation will explain the origin and important physical characteristics of the moon. It will also review its exploration starting with the origin of our space program leading to the Apollo missions that took our astronauts to walk the surface of the moon.

Location: MRC

Tickets online or at Recreation Centers.



# ENGLEWOOD HOLIDAY EXPRESS

2019

ENJOY BELLEVUE PARK IN ITS UNIQUE WINTER SPLENDOR!

## DEC 6 7 13 14

3:30PM - 7:30PM

**BUY EARLY BEFORE WE SELL OUT**  
- PRICE INCREASES AT THE DOOR -

**\$10 ADULTS**  
**\$7 KIDS** UNDER TWELVE  
KIDS UNDER TWO ARE FREE

**TRAIN RIDES**  
**SANTA AND HIS WORKSHOP**  
**S'MORES, HOT COCOA AND MORE!**

**ENGLEWOOD FARM AND TRAIN 5001 S. INCA DR.**  
**TICKETS: [WWW.ENGLEWOODCO.GOV/HOLIDAYEXPRESS](http://WWW.ENGLEWOODCO.GOV/HOLIDAYEXPRESS)**

 CITY OF Englewood  
PARKS, RECREATION & LIBRARY





The City of Englewood  
1000 Englewood Parkway  
Englewood, Colorado 80110  
303-762-2300  
[www.engagewoodco.gov](http://www.engagewoodco.gov)

PRSRT STD  
U.S. POSTAGE PAID  
Englewood, CO  
Permit No 534

## CENSUS DATA ARE BEING USED ALL AROUND YOU.

Residents use the census to support community initiatives involving legislation, quality-of-life and consumer advocacy.

Local governments use the census for public safety and emergency preparedness.



Businesses use census data to decide where to build factories, offices and stores, which create jobs.

## Your privacy is protected.

It's against the law for the Census Bureau to publicly release your responses in any way that could identify you or your household.

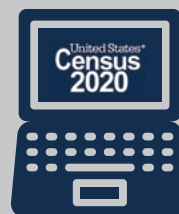
By law, your responses cannot be used against you and can only be used to produce statistics.

Real estate developers use the census to build new homes and revitalize old neighborhoods.



## 2020 will be easier than ever.

In 2020, you will be able to respond to the census online.



## You can help.

You are the expert—we need your ideas on the best way to make sure everyone in your community gets counted.

United States<sup>®</sup>  
**Census**  
Bureau

FIND OUT HOW TO HELP  
AT [CENSUS.GOV/PARTNERS](http://CENSUS.GOV/PARTNERS)

United States<sup>®</sup>  
**Census**  
2020